

Litany of Waiting

Lord have mercy.
Christ have mercy.
Lord have mercy.

From the fear of waiting, *deliver me, Jesus.*
From the fear of uncertainty, *deliver me, Jesus.*
From the fear of failure, *deliver me, Jesus.*
From the fear of change, *deliver me, Jesus.*
From the fear that your promises will not come true, *deliver me, Jesus.*
From the fear that my suffering has no meaning, *deliver me, Jesus.*
From the fear that my suffering will not bear fruit, *deliver me, Jesus.*
From the fear of my weaknesses, *deliver me, Jesus.*
From the fear that your grace will not be sufficient, *deliver me, Jesus.*
From the fear that your will is not for my good, *deliver me, Jesus.*
From the fear that your plans will not fulfill the desires of my heart,
deliver me, Jesus.

From the belief that I wait alone, *deliver me, Jesus.*
From the belief that I am waiting because I have done something
wrong, *deliver me, Jesus.*
From the belief that I will wait forever without resolution,
deliver me, Jesus.
From the belief that I am waiting because you
will never respond, *deliver me, Jesus.*



From the belief that you have abandoned me in my waiting,
deliver me, Jesus.

From the taunt of temptation and discouragement that whisper to
me while I am waiting, *deliver me, Jesus.*

When it is hard to wait joyfully, *Jesus, I will wait with you.*

When my prayers seem unanswered, *Jesus, I will wait with you.*

When my struggles are overwhelming, *Jesus, I will wait with you.*

In my joys, *Jesus, I will wait with you.*

In my sorrows, *Jesus, I will wait with you.*

In the ordinary events of daily life, *Jesus, I will wait with you.*

In times of celebration, *Jesus, I will wait with you.*

When I feel stuck, *Jesus, I will wait with you.*

When discerning big decisions, *Jesus, I will wait with you.*

When I am tired, *Jesus, I will wait with you.*

When I am sick, *Jesus, I will wait with you.*

When I am uncertain, *Jesus, I will wait with you.*

When no one else will wait with me, *Jesus, I will wait with you.*

Through the pilgrimage of my life, *Jesus I will wait with you.*

Son of God, Emmanuel, you are my hope. In all circumstances, help
me to wait with you, on you, in you, and through you.



From: *Rejoice! An Advent Pilgrimage into
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