



Resources for Liturgies at Faith Formation Events

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The Year of the Eucharist

Liturgy: Mass

Event	Holy Sacrifice of the Mass
Event Category	Liturgy
Brief Description of Event	Whole community celebration of the Mass
Length of Time Needed	1 hour, or, if a meal or snacks are included, up to 1.5-1.75 hours
Age level(s)	Whole community
Schedule of the Event	<ul style="list-style-type: none"> • Gather in the Church for the Holy Sacrifice of the Mass (30 minutes-1 hour) • Have a volunteer give a testimony at the end of Mass, or before Mass begins (5-7 minutes) • Move to the hall for a meal or snacks (optional, 30 minutes-1 hour) • Optionally, you could have a community activity, game, saint or Eucharistic miracle story shared at the mealtime.
Goal	Growth in love for the Eucharist, deepening spiritual life, growth in community life
Meal or snacks	Will there be a meal or snacks as part of this event, beginning or end of event, how long, what prep is needed: to be determined by the Parish.
Testimony	Will there be a testimony as part of this event, who will give it, how long: to be determined by the Parish.
Supplies needed	Any materials for any games or activities: to be determined by the Parish.
Handouts needed	Any materials for any games or activities: to be determined by the Parish.
Volunteers needed	Meal preparers and servers, liturgical ministers, testimony, etc.: to be determined by the Parish.
Advance preparation	Mass setup, music, etc.: to be determined by the Parish.

The Year of the Eucharist

Liturgy: Option for Eucharistic Adoration with Children

Event	Eucharistic Adoration with the whole community, to include children
Event Category	Liturgy
Brief Description of Event	Whole community celebration of Exposition of the Eucharist with specific prayers, songs, and silence to lead children to a deeper relationship with Jesus. Preference to be led by priest. Deacon possible.
Length of Time Needed	1-1.5 hours, including a meal or snacks
Age level(s)	Whole community, with particular engagement of grades PS-5
Schedule of the Event	<ul style="list-style-type: none"> • Gather the community in the Church, Priest exposes Eucharist, leads group in <i>O Saving Victim/O Salutaris Hostia</i> (5-10 minutes) • Pause for a brief silence, then the priest invites the children to the foot of the altar. The priest and the children kneel. The priest introduces the children to Jesus in the monstrance and leads the children in adoration for a minute or two. He may explain that this is truly Jesus, Body, Blood, Soul, and Divinity, and explain what a monstrance is, what a humeral veil is, why we use incense, etc. (5-10 minutes) • Sing an appropriate song, such as "O Come All Ye Faithful" or "Psalm 116: In the Presence of God". Silence for a minute or two. (5-10 minutes) • The priest may explain that this is a time that we speak to Jesus from our hearts, and listen to him. Then, he slowly reads a scripture passage, for example, Matthew 2:1-12 (the story of the wise men coming to adore Jesus in Bethlehem.) Pause for silence. Ask the children questions, to recall the story. "Who was the baby?" "Who were going to find him?" "Why?" "Why did the men bring gifts?" "What does 'prostrate' mean?" "Why did they lay prostrate in front of Jesus?" etc. From this, lead the children into thinking about what they are doing at that moment? "Did you come here today?" "Who were you coming to see?" "Why did you come to see Jesus?" "Are you doing what the wise men did?" "Why was this important?" etc. At the end of the discussion, the leader will have a minute or two of silence. Again, the priest slowly reads the same scripture. Again, silence. (5-10 minutes) • The priest may lead a short prayer "Jesus, I adore you. Jesus, I love you." Silence. Alternate short prayers with silence and adoration (5-10 minutes) • Sing a song, such as "Holy is His Name" (5-10 minutes) • The priest invites the children to vocally offer Jesus their petitions one at a time (5-10 minutes) • All kneel and sing <i>Come Adore/Tantum Ergo Sacramentum</i>. Benediction. Pray the Divine Praises. Sing <i>Holy, Holy, Holy</i> or another concluding hymn. (5-10 minutes) • Move to the hall for a meal or snacks (optional, 30 minutes-1 hour)

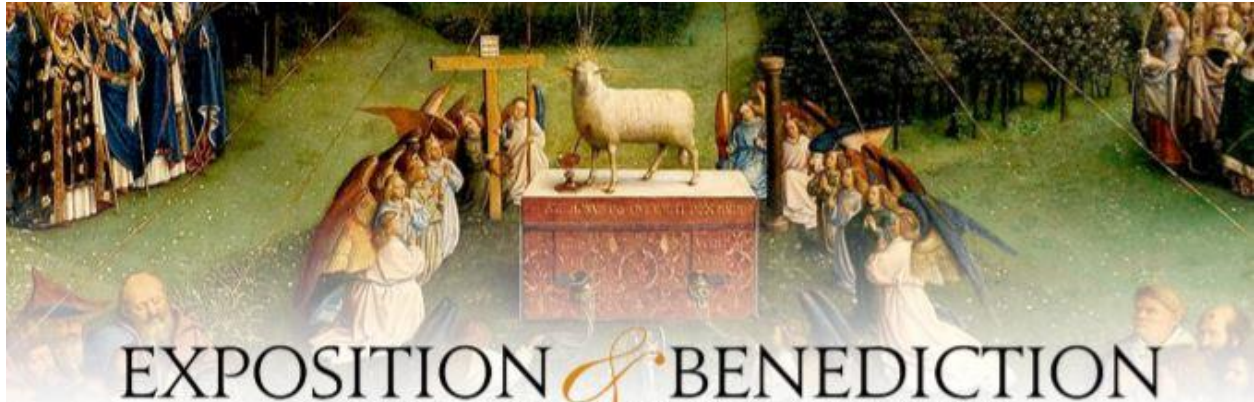
	<ul style="list-style-type: none"> • Optionally, you could have a community activity, game, saint or Eucharistic miracle story shared at the mealtime.
Goal	Deeper entering into prayer and the relationship with Jesus in the Eucharist, growth love for the Eucharist, growth in community life
Resources	<ul style="list-style-type: none"> • Children of Hope is dedicated to leading children into the mystery of the Real Presence of Jesus Christ in the Eucharist, so as to realize how much he loves them. Here you can find books, music, and a video: www.childrenofhope.org • The Eucharist for Little Children (20m video) on www.Formed.org • Video of Fr. Mark McCormick celebrating Adoration with children: https://www.youtube.com/playlist?list=PLu8wL7AXFFL9XJlpzuQYb-lccd4vtNksI
Meal or snacks	Will there be a meal or snacks as part of this event, beginning or end of event, how long, what prep is needed: to be determined by the Parish.
Testimony	Will there be a testimony as part of this event, who will give it, how long: to be determined by the Parish.
Supplies needed	Eucharist, monstrance, song sheet or hymnal, liturgical items for adoration: incense, censor, candles, corporal, priest's vestments (alb, stole, cope, humeral veil), etc.
Handouts needed	Song sheet or hymnal with a Guide for Exposition and Benediction (one option is attached).
Volunteers needed	<p>Besides priest or deacon, a server,</p> <p>Parents with their children, or 1 adult per 10 children</p> <p>Optional musician (music can be sung without accompaniment)</p> <p>Meal preparers and servers, testimony, etc.: to be determined by the Parish.</p>
Advance preparation	<p>Set-up by sacristan (altar, candles, matches, monstrance, humeral veil)</p> <p>Optional musician (music, instrument)</p>

The Year of the Eucharist

Liturgy: Eucharistic Adoration, Touching the Cloak of Christ

Event	Eucharistic Exposition & Benediction; Touching the Cloak of Christ
Event Category	Liturgy
Brief Description of Event	Whole community celebration of Exposition of the Eucharist with reflection and prayer touching the “cloak of Christ.”
Length of Time Needed	1-1.5 hours, including a meal or snacks
Age level(s)	Whole community
Schedule of the Event	<ul style="list-style-type: none"> • Gather the community in the Church, Priest exposes Eucharist, leads group in <i>O Saving Victim/O Salutaris Hostia</i> (5-10 minutes) • Pause for a brief silence. • Then, the priest takes the humeral veil or another piece of long cloth, and places it around the monstrance, so that the ends of the veil/cloth hang down in front of the altar. • Next, the priest goes to the ambo and reads the Scripture passage about the woman with a hemorrhage (Luke 8:40-48). • The priest gives a reflection on this Scripture passage, highlighting that this woman trusted in God so much, that she knew she only needed to touch his cloak to be healed. What do you want the Lord to do for you? Is there healing (physical or spiritual) that you seek? Do you simply want to be close to him? • Then, the priest extends an invitation: During this time of adoration, speak to the Lord from your heart. What do you want him to do for you? What do you seek? Then, I invite you to come forward, one at a time, and kneel before our Lord in the monstrance, and touch the “cloak” of Christ – the humeral veil/cloth that hangs around the monstrance. This cloth is touching the monstrance, which is touch Jesus, truly Present, Body, Blood, Soul, and Divinity. This is truly Jesus Present here. Don’t be afraid; even if you feel unworthy, know that the Lord longs to be close to you. He wants to give you his love. • Play some music or invite people to sing during this time of adoration and “touching the cloak.” • At the end, the priest offers a prayer of thanksgiving for this time, and for the Lord’s Presence and healing. • All kneel and sing <i>Come Adore/Tantum Ergo Sacramentum</i>. Benediction. Pray the Divine Praises. Sing <i>Holy, Holy, Holy</i> or another concluding hymn. (5-10 minutes) • Move to the hall for a meal or snacks (optional, 30 minutes-1 hour) • Optionally, you could have a community activity, game, testimony, saint or Eucharistic miracle story shared at the mealtime.

Goal	Deeper entering into prayer and the relationship with Jesus in the Eucharist, growth love for the Eucharist, growth in community life
Meal or snacks	Will there be a meal or snacks as part of this event, beginning or end of event, how long, what prep is needed: to be determined by the Parish.
Testimony	Will there be a testimony as part of this event, who will give it, how long: to be determined by the Parish.
Supplies needed	Eucharist, monstrance, song sheet or hymnal, liturgical items for adoration: incense, censor, candles, corporal, priest's vestments (alb, stole, cope, humeral veil), etc. Use the humeral veil or another piece of long cloth for the "cloak."
Handouts needed	Song sheet or hymnal with a Guide for Exposition and Benediction (one option is attached).
Volunteers needed	Besides priest or deacon, a server, Parents with their children, Optional musician (music can be sung without accompaniment) Meal preparers and servers, testimony, etc.: to be determined by the Parish.
Advance preparation	Set-up by sacristan (altar, candles, matches, monstrance, humeral veil) Optional musician (music, instrument)



EXPOSITION & BENEDICTION OF THE HOLY EUCHARIST

Exposition

When the priest or deacon brings the Blessed Sacrament into the chapel, the people kneel

Opening Hymn

O salutaris Hostia
Quae caeli pandis ostium,
Bella premunt hostilia:
Da rober, fer auxilium.

Uni trinoque Domino
Sit sempiterna gloria,
Qui vitam sine termino
Nobis donet in patria.
Amen.

O Saving Victim, open wide
The gate of heav'n to us below!
Our foes press on from ev'ry side:
Your aid supply, your strength bestow.

To your great name be endless praise,
Immortal Godhead, One in Three;
O grant us endless length of days
In our true native land with thee.
Amen.

Adoration

During the time of adoration, there may be prayers, songs, readings from Scripture and a brief homily to direct the attention of the faithful to the worship of the Lord.

Benediction Song

Tantum ergo Sacramentum
Veneremur cernui
Et antiquum documentum
Novo cedat ritui
Praestet fides supplementum
Sensuum defectui.

Genitori, Genitoque
Laus et jubilatio
Salus, honor, virtus quoque
Sit et benedictio
Procedenti ab utroque
Compar sit laudatio.
Amen.

Down in adoration falling,
This great Sacrament we hail;
Over ancient forms of worship
Newer rites of grace prevail;
Faith will tell us Christ is present,
When our human senses fail.

To the everlasting Father,
And the Son who made us free,
And the Spirit, God proceeding
From them Each eternally,
Be salvation, honor, blessing,
Might and endless majesty.
Amen.

Eucharistic Blessing

Priest/Deacon:

O God, who in this wonderful Sacrament
have left us a memorial of your Passion,
grant us, we pray,
so to revere the sacred mysteries
of your Body and Blood
that we may always experience in ourselves
the fruits of your redemption.
Who live and reign with God the Father
in the unity of the Holy Spirit,
one God, for ever and ever.

All:

Amen.

Benediction

*All make the sign of the cross as they receive
the blessing.*

Divine Praises

Blessed be God.
Blessed be his Holy Name.
Blessed be Jesus Christ, true God and true Man.
Blessed be the Name of Jesus.
Blessed be his most Sacred Heart.
Blessed be his most Precious Blood.
Blessed be Jesus in the most Holy Sacrament of the Altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most holy.
Blessed be her holy and Immaculate Conception.
Blessed be her glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be St. Joseph, her most chaste spouse.
Blessed be God in his angels and in his saints.

Reposition

*The priest/deacon takes the Eucharist from the
monstrance and reposes it back into the tabernacle.
A closing hymn is sung and all may stand when the
Eucharist is reposed.*

Closing Hymn

Holy God, we praise thy name!
Lord of all, we bow before thee;
All on earth thy scepter claim,
all in heav'n above adore thee;
Infinite thy vast domain,
Everlasting is thy reign.
Infinite thy vast domain,
everlasting is thy reign.

Hark, the loud celestial hymn
angel choirs above are raising;
cherubim and seraphim
in unceasing chorus praising,
fill the heav'ns with sweet accord:
Holy, holy, holy Lord!
Fill the heav'ns with sweet accord:
Holy, holy, holy Lord!

Holy Father, Holy Son,
Holy Spirit, three we name thee,
While in essence only one,
undivided God we claim thee,
And adoring bend the knee,
While we own the mystery.
And adoring bend the knee,
while we own the mystery.

