



12 Sessions for K-5 Catechesis

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The Year of the Eucharist

Catechesis #1: What is the Eucharist? – Presence, Communion, Sacrifice--Source & Summit!

K-5 LESSON

Event	Catechesis: What is the Eucharist? – Presence, Communion, Sacrifice – Source & Summit!
Event Category	Catechesis
Brief Description of Event	This is an introductory lesson on the Eucharist, meant to cover these aspects in brief – each of these aspects will be addressed in more depth in future lessons.
Length of Time Needed	1 hour, or, if a meal or snacks are included: 1.5-1.75 hours
Schedule of the Event	<ul style="list-style-type: none"> • Meal, with the whole community (optional, 30-45 minutes) • Break into age levels (PS-2; 3-5, MS, HS, adults) • Lesson, with activities or discussion (45 minutes) • Gather the whole community in the chapel for a testimony (5-7 minutes) • Closing prayer and blessing in the chapel (5 minutes) • Snacks and fellowship (optional, and possible alternative to a meal, 15-30 minutes)
Goal	Deeper understanding of what the Eucharist is, love for Christ who gives himself to us in the Eucharist, a desire to receive him in the Eucharist
Age level(s)	K-5
Review	NA
Preparation	Gather the children and settle. Open with a prayer, asking the children’s guardian angels to help their hearts and minds to be open the beautiful teaching of Jesus’ presence in the Eucharist, then invite the children to join in praying the Angel of God prayer.
Proclamation	Jesus comes to us in the Holy Eucharist, so that he can be with us.
Explanation	<p>We often communicate with signs. If I do this (wave), what am I saying? Hello! (demonstrate some other signs)</p> <p>There are some signs that are special in our Church (sign of the cross), review meaning</p> <p>In the Church we have 7 signs called sacraments, which are very special, because not only do they mean something, they actually DO something. These sacraments convey something called grace! Grace is a gift from Jesus, by which we actually share in his divine life! They actually make us holy, and help us to continue to work with Jesus to keep that grace, that divine life, in our lives.</p> <p>One of these signs you’ve already received, Baptism. Most of you when you were babies were baptized, and that gave you that very first gift of grace, and opened the doors for the rest of the sacraments, the rest of these 7 gifts, which Jesus gave us, and through which he continues to work in our lives. (Depending on the age, review the other sacraments briefly)</p> <p>One of the most special of these gifts is called Eucharist. You’ve all been to mass. The Mass is gift Jesus gave us to so that he could be present to</p>

us always in this gift of the Eucharist. This year we will have the opportunity to get to understand this gift of the Eucharist.

Let's start with a reading from our bible. This is the book that we hear every Sunday at Mass. The bible contains God's very own words, from the beginning of creation through all of man's history, from the time God first promised us a Savior, for hundreds and even thousands of years, until Jesus was born and lived and was crucified, and finally rose again to new life.

The story we will read today, happened right after Jesus died and rose to new life. Two disciples were leaving Jerusalem and heading home to Emmaus. They had heard that Jesus had risen from the dead, but it seems like they weren't sure whether to believe that good news or not. Let's hear what happened.

(Light Candle & explain or remind the children, if necessary) . . . We are going to light a candle today because we are reading the Bible, reading the words of God, about God, and about the life of Jesus . . . Jesus who is our light.

We have a picture for you to look at while we read. We often use pictures when we pray to give us something to focus on and help our imagination work.

(Read Luke 24:13-24, 27-35)

Wow, that sounds like an exciting walk! Let's go back through that.

First off, did they recognize who Jesus was at first? I wonder why not? Jesus was there, but he didn't look like the Jesus they knew for some reason, huh?

What was the good news that they weren't sure whether to believe? (Jesus rising)

Why do you think they weren't sure whether to believe it or not? Do people normally rise from the dead? That was really good news, wasn't it?

It says they were hoping Jesus would be the one to redeem Israel. To redeem is to free someone from a debt that they can't pay, to save them.

So they were hoping that Jesus would be the one to save Israel, huh?

What does Jesus tell them about? How the scriptures, the bible, had prepared Israel for all those years, and how He, Jesus, was the key to understanding all those scriptures, and the answer to all those prayers.

Do they recognize them yet? Not yet.

So what did they do? Invited him to stay for dinner.

And what happened at dinner? Let's read that again (v. 30) He took bread, blessed it, broke it and gave it to them. Can we think of a time when we hear from the bible, and then see someone take bread, bless it and give it to people? The mass!

What happened after he broke the bread and gave it to them? They recognized him!! Then what? He vanished from their sight.

Was he really with them? Yes. Even when they didn't recognize him? Do you think Jesus can do that? Be with us, even when we can't see him?

How did they feel once they realized it was Jesus? Their hearts burned within them! What do you think that means? Excited? Happy? Like they couldn't even believe what was happening?

	<p>What did they do right away? Set out to return to Jerusalem. So you remember what time it was? Evening! Did they wait until the next morning to get a good night's sleep? No! They were so excited they left right away, even after travelling all day! It's like they had an extra energy that they received from that encounter with Jesus in the breaking of the bread, and the Scriptures.</p> <p>So this really reminded us of the mass, didn't it? There is the first part with Scripture, and the second part with the breaking of the bread. And all along Jesus was present to them, even when they didn't realize it, wasn't he? What do you think that might mean about the mass? That Jesus is present somehow? Do you think He could be present, even when we can't see Him? There does seem to be something important about the bread though, doesn't there? Somehow his presence is linked to the breaking of the bread, huh?</p> <p>It is! This year, we are going to hear a lot about how very truly Jesus is present at every single mass, just like he was to those disciples on the Road to Emmaus. We're going to hear about how he said the very first mass, and gave us the very first Eucharist at the Last Supper. We're going to hear about the many ways he was promising and preparing his people for that very moment in time, the moment when everything was ready for his saving action, his salvation, when he would redeem us all, and how, just like the disciples, we can know Jesus in the Scripture, and most particularly in the breaking of the bread, and how when we know him in the Eucharist, that we too, can receive that energy, that we call grace, that will enable us to go to our friends and proclaim that very same good news, and live the kind of life that he is calling us to.</p> <p>Extinguish candle</p>
Application	<p>Possible Activities:</p> <ul style="list-style-type: none"> Decoupage a smaller version of today's art on a small piece of wood. Over the course of the year, they could develop a set of pictures from all the lessons. Create a skit, re-enacting the bible scene Copy the picture on the top half of a sheet, and have the older children write a summary of the story under the picture. Have the children draw a picture of the story.
Celebration	<p>(Light Candle) Pray a closing prayer (you might use the Anima Christi prayer on the handout), then join the rest of the community in the chapel for a testimony and closing prayer. If possible, have some social time after the closing prayer.</p>
Vocabulary	<p>Sacrament, Sign Grace Redeem, Redemption Savior, Salvation Bible, Scripture Mass, Eucharist</p>
Resources	<p>Resources Luke 24:13-35</p> <p>Art: Supper at Emmaus with Candlelight, Matthias Stom, Wikimedia Commons</p>

Meal or snacks	Will there be a meal or snacks as part of this event, beginning or end of event, how long, what prep is needed: to be determined by the Parish.
Testimony	Will there be a testimony as part of this event, who will give it, how long: to be determined by the Parish.
Supplies needed	<ul style="list-style-type: none"> • Bible, candle, match, snuffer • Anima Christi Prayer Card • Full size Picture of Supper at Emmaus with Candlelight, on letter or ledger size paper. Can be laminated or decoupage, and kept throughout the year. <p><u>Depending on Activity:</u></p> <p>For Decoupage Activity:</p> <ul style="list-style-type: none"> • Small piece of wood or canvas for each child. Wood can be prestained or natural <ul style="list-style-type: none"> ○ SL crafts Mini Stretched Canvas 3.5"X2.75" (1 Pack of 12 Mini Canvases) <ul style="list-style-type: none"> ▪ Amazon, \$9.95, other sizes available ○ Artlicious Canvas Panels 24 Pack - 5"X7" Super Value Pack- Artist Canvas Boards <ul style="list-style-type: none"> ▪ Amazon, \$14.99, other sizes available • Copy of art, cut to size for canvass or wood for each child • Paint brushes (about 1/2" wide works well) Bristle or foam. • Mod Podge Matte Sealer or other decoupage medium <ul style="list-style-type: none"> ○ Mod Podge CS11303 Waterbase Sealer, Glue and Finish, Matte,32 Ounce <ul style="list-style-type: none"> ▪ Amazon, \$11.61, other sizes available • Cups for water • Newspaper or other protection for table <p>Apply Mod Podge to canvas or wood. While wet, smoot copy of art onto the canvas or wood. Gently work out the bubbles, but most of them will shrink when dry. Apply a second coat of Mod Podge to the top to act as a sealer. Additional coats maybe applied when dry for protection.</p> <p>For Story Summary:</p> <ul style="list-style-type: none"> • Art Journal Page, Lesson #1
Handouts needed	Anima Christi Prayer Card Art Journal Page, Lesson #1, if desired
Volunteers needed	to be determined by the Parish. Teacher, people to help with activities, people to prepare and serve meal or snacks, etc.
Advance preparation	Training in advance, setup, music needed, etc.: to be determined by the Parish. Speaker/teachers have outline/handouts/materials, photocopies ready, setup for meal and classroom space, chapel ready for gathering, mics if needed, etc. Activity supplies ready.

The Year of the Eucharist

Catechesis #2: Encountering Jesus in the Eucharist

K-5 LESSON

Event	Catechesis #2 Encountering Jesus in the Eucharist
Event Category	Catechesis
Brief Description of Event	This lesson focuses on the Real Presence of Christ in the Eucharist, what the Real Presence is, and how it comes to be so.
Length of Time Needed	1 hour, or, if a meal or snacks are included: 1.5-1.75 hours
Schedule of the Event	<ul style="list-style-type: none"> • Meal, with the whole community (optional, 30-45 minutes) • Break into age levels (PS-2; 3-5, MS, HS, adults) • Lesson, with activities or discussion (45 minutes) • Gather the whole community in the chapel for a testimony (5-7 minutes) • Closing prayer and blessing in the chapel (5 minutes) • Snacks and fellowship (optional, and possible alternative to a meal, 15-30 minutes)
Goal	Deeper understanding of what the Real Presence of Eucharist is, love for Christ who gives himself to us in the Eucharist, a desire to receive him in the Eucharist
Age level(s)	K-5
Review	Expands on the introductory session of the Eucharist
Preparation	Gather the children and settle. Open with a prayer, asking the children's guardian angels to help their hearts and minds to be open the beautiful teaching of Jesus' presence in the Eucharist, then invite the children to join in praying the Angel of God prayer.
Proclamation	In the Last Supper, Jesus, desiring to never depart from his own, instituted the Eucharist so that in a most particular way, a way which we call his "Real Presence", he makes himself wholly and entirely present in what our senses perceive to be bread and the wine, but which is his Body, Blood, Soul and Divinity.
Explanation	<p>Last time we talked about how the disciples on the Road to Emmaus, and met Jesus, even though they didn't realize it was Him at first. We heard how He explained the Scriptures to them, and how He took bread, blessed it broke it and THEN they recognized Him, as if the bread was somehow connected to recognizing His presence. Tonight, let's hear about the time when Jesus first took bread, blessed it and broke it.,</p> <p>We know that Jesus lived in the land of Israel and was one of the Jewish people, a special people that God had chosen and set aside from the rest of the peoples over a thousand years earlier. There was a time, hundreds of years before, when the Jewish people were in slavery for 400 years in Egypt, and they had cried out to God for a redeemer, to rescue them, to save them. God had sent them a man named Moses, and the night before they were set free, God had commanded Moses and his people to prepare a special meal.</p> <p>This meal would be very special. Because they would be leaving for a long journey the next day, God told them to prepare a special bread, called</p>

unleavened bread which would not have had any yeast in it. Yeast is the thing that makes normal bread light and fluffy. It is also called leaven. (Perhaps ask if anyone has ever seen bread being made, and seen the rising process) It only takes a very tiny bit of yeast or leaven to make the entire loaf of bread rise. But this night, God wanted them to make their bread in a hurry, without yeast or leaven, so it was called "unleavened" bread.

(for older children, based on catechist's judgement) In addition to the unleavened bread, God also told them to prepare a lamb. This was to be a special, spotless lamb, the most perfect lamb of the flock, which was to be sacrificed for their protection from death. During the meal, they were to eat of the lamb. In order to be spared from death, every member of the family would need to eat of the lamb.

God then told them to celebrate this meal every year afterwards, as a memorial, a special way to keep the memory of this meal alive, and to keep alive the memory of the night they were delivered from slavery and death. This meal was to be called "Passover".

As a good and faithful Jew, Jesus would have gone to Jerusalem, the holiest city of the land, and celebrated this memorial meal of Passover every year. This story begins the night before Jesus died on the cross, when he gathered with his disciples, his friends, to celebrate the holy meal of Passover. Jesus knew that his time on earth was ending and that this was going to be his last supper with his friends, the ones he loved so much. He wanted to show them how very much he loved them.

During the meal, Jesus did something very different from a normal Passover meal. He took bread and wine and blessed it, using words that the disciples had never heard before. We've heard these words before, they are not new to us, but let's listen to them and think and wonder what those disciples might have been thinking and feeling when they heard these words.

(Light candle & remind them, if necessary, of why we light a candle when reading scripture) We have a picture for you to look at while we read.

Read Mk 14:12-16 (older children)

Read Mk 14:22-26

We've heard these words before, haven't we? "he took bread, said the blessing, broke it and gave it to them" Where have we heard them? Last week on the Road to Emmaus, and also at mass every week!

Then we hear him say what? "Take it; this is my body." and then he takes the cup and says what? "This is the blood of the covenant, which will be shed for many." We hear that at mass every week too, don't we?

What just happened? Jesus changed the bread and wine into his very own body and blood! Did the bread and wine change in the way that they looked? No. But Jesus said that it was now his body and blood, so it must have been true.

What did he do with this bread and wine, his body and blood? He gave it to his friends! It is like he gave them all of himself. His very own body and blood.

	<p>Why would he do that? Because he loved them very much and wanted to be able to be with them always.</p> <p>Every time we are at mass, we celebrate Jesus' sacrifice of love. Every single mass, makes this sacrifice present, and makes Jesus actually present, his actual body and blood, in the bread and the wine.</p> <ul style="list-style-type: none"> (For older kids) We call this presence of Jesus in the bread and wine "Transubstantiation" We can think of this as the opposite of Transformers where the appearance of a Transformer changes, but their essence, their inside, stays the same. In the Eucharist, the outside, the appearance, stays the same, but the inside changes. Instead of bread and wine on the altar, there is Jesus' body and blood, his whole self, in the appearance of bread and wine. That is what we call Transubstantiation.
Application	<p>Possible Activities:</p> <p>Bring in leavened bread and unleavened bread and compare the difference.</p> <p>Decoupage a smaller version of today's art on a small piece of wood. Over the course of the year, they could develop a set of pictures from all the lessons.</p> <p>Copy the picture on the top half of a sheet, and have the older children write a summary of the story under the picture.</p> <p>Have the children draw a picture of the story.</p>
Celebration	<p>(Light Candle) Pray a closing prayer (you might use the Anima Christi prayer on the handout), then join the rest of the community in the chapel for a testimony and closing prayer. If possible, have some social time after the closing prayer.</p>
Vocabulary	<p>The Jewish People Yeast, Leaven, Unleavened Passover Jerusalem Transubstantiation (older kids)</p>
Resources	<p>Resources Mk 14:12-16 (older children) Mk 14:22-26 Also see: Mt 26:26-30; Lk 22:14-20 Art: The Last Supper, Juan de Juanes, Wikimedia Commons</p>
Meal or snacks	<p>Will there be a meal or snacks as part of this event, beginning or end of event, how long, what prep is needed to be determined by the Parish.</p>
Testimony	<p>Will there be a testimony as part of this event, who will give it, how long to be determined by the Parish.</p>
Supplies needed	<ul style="list-style-type: none"> Bible, candle, match, snuffer Anima Christi Prayer Card Full size Picture The Last Supper, on letter or ledger size paper. Can be laminated or decoupage, and kept throughout the year. <p>Depending on Activity:</p> <ul style="list-style-type: none"> Leavened & Unleavened bread (i.e., cracker or matza bread)

	<p>For Decoupage Activity:</p> <ul style="list-style-type: none"> • Small piece of wood or canvas for each child. Wood can be prestained or natural <ul style="list-style-type: none"> ○ SL crafts Mini Stretched Canvas 3.5"X2.75" (1 Pack of 12 Mini Canvases) <ul style="list-style-type: none"> ▪ Amazon, \$9.95, other sizes available ○ Artlicious Canvas Panels 24 Pack - 5"X7" Super Value Pack- Artist Canvas Boards <ul style="list-style-type: none"> ▪ Amazon, \$14.99, other sizes available • Copy of art, cut to size for canvass or wood for each child • Paint brushes (about 1/2" wide works well) Bristle or foam. • Mod Podge Matte Sealer or other decoupageing medium <ul style="list-style-type: none"> ○ Mod Podge CS11303 Waterbase Sealer, Glue and Finish, Matte,32 Ounce <ul style="list-style-type: none"> ▪ Amazon, \$11.61, other sizes available • Cups for water • Newspaper or other protection for table <p>Apply Mod Podge to canvas or wood. While wet, smoot copy of art onto the canvas or wood. Gently work out the bubbles, but most of them will shrink when dry. Apply a second coat of Mod Podge to the top to act as a sealer. Additional coats maybe applied when dry for protection.</p> <p>For Story Summary:</p> <ul style="list-style-type: none"> • Art Journal Page, Lesson #2
Handouts needed	<p>Anima Christi Prayer Card Art Journal Page, Lesson #2, if desired</p>
Volunteers needed	<p>to be determined by the Parish. Teacher, people to help with activity, people to prepare and serve meal or snacks, etc.</p>
Advance preparation	<p>Training in advance, setup, music needed, etc.: to be determined by the Parish. Speaker/teachers have outline/handouts/materials, photocopies ready, setup for meal and classroom space, chapel ready for gathering, mics if needed, etc. Activity ready.</p>

The Year of the Eucharist

Catechesis #3: Praying with Jesus in the Eucharist: ARRR

K-5 LESSON

Event	Catechesis: Praying with Jesus in the Eucharist: ARRR, Journaling, Mass Journaling
Event Category	Catechesis
Brief Description of Event	This lesson is about growing in prayer when I spend time with Jesus in the Eucharist, focusing on ARRR, Journaling, and Mass Journaling
Length of Time Needed	1 hour, or, if a meal or snacks are included: 1.5-1.75 hours
Schedule of the Event	<ul style="list-style-type: none"> • Meal, with the whole community (optional, 30-45 minutes) • Break into age levels (PS-2; 3-5, MS, HS, adults) • Lesson, with activities or discussion (45 minutes) • Gather the whole community in the chapel for a testimony (5-7 minutes) • Closing prayer and blessing in the chapel (5 minutes) • Snacks and fellowship (optional, and possible alternative to a meal, 15-30 minutes)
Goal	Growth in prayer – deepening my relationship with Jesus in the Eucharist, by sharing with him all of my thoughts, feelings, and desires, and receiving his love.
Age level(s)	K-5
Review	Included in the Explanation
Preparation	Gather the children and settle. Open with a prayer, asking the children’s guardian angels to help their hearts and minds to be open the beautiful teaching of Jesus’ presence in the Eucharist, then invite the children to join in praying the Angel of God prayer.
Proclamation	Jesus wants us to share with him all of our thoughts, feelings, and desires. He wants to take care of us and give us his love.
Explanation	<p>Remember last time we talked about how very much Jesus loves us, and how much he wants to be with us. So much that he gave himself, his very own body and blood, in the Eucharist, and promised to be with us always in the Eucharist.</p> <p>But we can be with him even when we are not in church. We can use our imaginations to talk to him, and tell him how very much we love him, to share our thoughts and feelings with him, and to receive his love in return. We call those conversations in our mind “Prayer.”</p> <p>Imagine if you had a friend that you never talked to. Do you think that you would be able to remain friends for very long? No. It’s the same way with Jesus. He wants to be with us, but we need to give him that opportunity, by setting aside some time to talk to him in our imagination. Today, we are going to talk about some ways that we can get to know Jesus and bring him into all the areas of our life.</p> <p>Jesus prayed to his Father quite often. The night before Jesus died, after he celebrated the Last Supper, he went to the Garden of Gethsemane to pray to the Father. Let’s listen to what the bible tells us about that prayer of Jesus.</p>

(Light candle & remind them, if necessary, of why we light a candle when reading scripture) We have a picture for you to look at while we read.

Read Mt 26:36-38, 40-41a

What was Jesus doing? Praying. Who was he praying to? The Father. Can we pray to God the Father, as well as to Jesus? What about the Holy Spirit?

What did he ask the disciples to do? To pray with him. What did they do instead? Fell asleep. Do you think Jesus would want us to pray with him?

What was Jesus praying to his Father for? To let this cup pass away from him. We know this was the night before he was crucified, so what do you think he mean? Not to be crucified? How do you think he felt? Scared? Anxious? Did he try to hide his fear from the Father? No, he was completely honest. This is good for us to see, that even when we are afraid or angry, we can still be honest when we pray.

When we want to have a conversation with a friend, what is the first thing we must do? We want to make sure we are actually **with** our friend and that we know who we are talking to. When we pray, we want to turn our mind to Jesus. Or maybe we want to pray to the Father, or the Holy Spirit. We can pray to any of them!

Take a minute to open your heart and mind to God. You might pray something like this: "Jesus, thank you so much for loving me enough to be with me. Help me to share my thoughts and feelings with you today."

Then you might want to think about what is going on in your life today. What were the good things that have happened today or yesterday, what made you happy? What made you sad or angry or frustrated? Is there anything you are worried about, or anything you are hopeful about?

Then use your imagination to tell Jesus all those things you were just thinking about. Be honest. We know, that since he is God, he already knows what's going on in your heart and mind, but he loves it when we take the time to share with him. Whether we are happy or sad, or angry or glad, he wants us to talk to him like he was our very best friend. Because he is, if we let him.

We also want to take some time to listen to him. Usually he doesn't talk to us in words, although he might sometimes. Maybe he'll bring a memory or a song to your mind that answers a question. He might give you a great desire to do something, to read a particular book, or to visit a friend or to ask for advice from our parent or teacher. The more we talk to God in prayer, the more we can recognize how he talks back.

Just like you go back and forth, sometimes talking, sometimes listening, when you are visiting with a friend, you can do the same thing with Jesus. Just relax and enter in to this loving exchange. Enjoy these moments with God, and enjoy the way that he enjoys being with you.

Be thankful, and let him know that you appreciate this time to spend with him. Tell him how much you love him, or how much you want to love him.

	<p>How do we know when we are really praying well? We usually find that it is easier to be good. Maybe we are more eager to do our chores or our homework, or maybe we are less likely to fight with a friend or a sibling. When we begin to look forward to this time with God, then we know we are praying well.</p> <p>Now, I want to ask you if you ever find it hard to remember something that happened? That is a good reason for us to journal. Have you ever heard of journaling? It's kind of like a diary, but it is a diary we save for all our thoughts about what we say to God and what God says to us when we pray, or when we are at mass. Sometimes you might want to draw a picture about something you saw in your imagination. Sometimes we'll use words, maybe just a couple of words or maybe a whole paragraph. This can be a really special way to keep track of the conversations you have with God. Sometimes it can help us to go back and see the way God is working in our life by reading our journal.</p> <p>Another thing to think about is where to pray. You can actually pray anywhere, in your room, on the bus, in Church . . . but it sometimes helps to find a place where you can really focus and enter into your prayer. You might want set up a place in your bedroom, or ask your parents to find a special place in your house to use for prayer.</p> <ul style="list-style-type: none"> • One of the best places to pray is in a church. God will often speak to us during mass, and we can write those encounters down in our journal. We can also come to the church and pray any other time, in front of the tabernacle. The tabernacle is a very powerful place to pray, because after mass, the priest keeps any of the Eucharist which is left over in this special place. He keeps them there to protect them and also so that if someone is sick and can't come to mass, he, or another minister, can bring them Jesus in the Eucharist. So that means that Jesus is always available in the Tabernacle for us to pray with. He is always there waiting for us.
<p>Application</p>	<p>If there is time, walk the children through one of the meditations from "In My Heart Room"</p> <ul style="list-style-type: none"> • Sometimes when we go on a journey, we need a guide, someone who knows the way and can help us find our way. Today, we are going to use a guide in our journey of prayer. We call this a guided meditation. Meditation is when we really use our minds to focus on something. This guided meditation is a way that someone who is experienced in prayer can guide us to use our imagination to encounter God in prayer. • Note, these meditations can be used throughout the year as desired. <p>Other Possible Activities:</p> <p>Decoupage a smaller version of today's art on a small piece of wood. Over the course of the year, they could develop a set of pictures from all the lessons.</p> <p>Create a skit, re-enacting the bible scene Copy the picture on the top half of a sheet, and have the older children write a summary of the story under the picture. Have the children draw a picture of the story.</p> <p>Journal about their prayer experiences. This can be done either written or through pictures. Some children will prefer to capture their experience in pictures, even older ones. Writing or drawing in a journal will lay the foundation for journaling in the future.</p>

Celebration	N/A—Application serves as the celebration in this lesson
Vocabulary	Prayer Journal Tabernacle
Resources	<ul style="list-style-type: none"> • In My Heart Room, by Mary Terese Donze, a.s.c. • Mt 26:36-38, 40-41a • Art: Christ and the Apostles in the Garden, Michelangelo Merisi da Caravaggio, Wikimedia Commons
Meal or snacks	Will there be a meal or snacks as part of this event, beginning or end of event, how long, what prep is needed: to be determined by the Parish.
Testimony	Will there be a testimony as part of this event, who will give it, how long: to be determined by the Parish.
Supplies needed	<ul style="list-style-type: none"> • In My Heart Room, by Mary Terese Donze, a.s.c. • Bible, candle, match, snuffer • Anima Christi Prayer Card • Full size Picture Christ and the Apostles in the Garden, on letter or ledger size paper. Can be laminated or decoupage, and kept throughout the year. <p><u>Depending on Activity:</u></p> <p>For Decoupage Activity:</p> <ul style="list-style-type: none"> • Small piece of wood or canvas for each child. Wood can be prestained or natural <ul style="list-style-type: none"> ○ SL crafts Mini Stretched Canvas 3.5"X2.75" (1 Pack of 12 Mini Canvases) <ul style="list-style-type: none"> ▪ Amazon, \$9.95, other sizes available ○ Artlicious Canvas Panels 24 Pack - 5"X7" Super Value Pack- Artist Canvas Boards <ul style="list-style-type: none"> ▪ Amazon, \$14.99, other sizes available • Copy of art, cut to size for canvass or wood for each child • Paint brushes (about 1/2" wide works well) Bristle or foam. • Mod Podge Matte Sealer or other decoupage medium <ul style="list-style-type: none"> ○ Mod Podge CS11303 Waterbase Sealer, Glue and Finish, Matte,32 Ounce <ul style="list-style-type: none"> ▪ Amazon, \$11.61, other sizes available • Cups for water • Newspaper or other protection for table <p>Apply Mod Podge to canvas or wood. While wet, smoot copy of art onto the canvas or wood. Gently work out the bubbles, but most of them will shrink when dry. Apply a second coat of Mod Podge to the top to act as a sealer. Additional coats maybe applied when dry for protection.</p> <p>For Story Summary:</p> <ul style="list-style-type: none"> • Art Journal Page, Lesson #4 <p>For Prayer Journaling:</p> <ul style="list-style-type: none"> • New Journals for each child, composition notebooks work well for this and are usually very inexpensive at the beginning of the school year. They can be kept in the classroom for the year, or sent home with the children.

Handouts needed	Anima Christi Prayer Card Art Journal Page, Lesson #4, if desired
Volunteers needed	to be determined by the Parish. Teacher, people to help with activities, people to prepare and serve meal or snacks, etc.
Advance preparation	Training in advance, setup, music needed, etc.: to be determined by the Parish. Speaker/teachers have outline/handouts/materials, photocopies ready, setup for meal and classroom space, chapel ready for gathering, mics if needed, etc. Activity ready.

The Year of the Eucharist

Catechesis #4: Praying with Jesus in the Eucharist: Lectio Divina

K-5 LESSON

Event	Catechesis: Praying with Jesus in the Eucharist: Lectio Divina
Event Category	Catechesis
Brief Description of Event	This lesson is about growing in prayer when I spend time with Jesus in the Eucharist, focusing on Lectio Divina, meditation on the Scriptures.
Length of Time Needed	1 hour, or, if a meal or snacks are included: 1.5-1.75 hours
Schedule of the Event	<ul style="list-style-type: none"> • Meal, with the whole community (optional, 30-45 minutes) • Break into age levels (PS-2; 3-5, MS, HS, adults) • Lesson, with activities or discussion (45 minutes) • Gather the whole community in the chapel for a testimony (5-7 minutes) • Closing prayer and blessing in the chapel (5 minutes) • Snacks and fellowship (optional, and possible alternative to a meal, 15-30 minutes)
Goal	Growth in prayer – deepening my relationship with Jesus in the Eucharist, by meditating on Scripture and entering into his life and encountering him in the Scriptures.
Age level(s)	K-5
Review	ARRR, Included in the Explanation
Preparation	Gather the children and settle. Open with a prayer, asking the children’s guardian angels to help their hearts and minds to be open the beautiful teaching of Jesus’ presence in the Eucharist, then invite the children to join in praying the Angel of God prayer.
Proclamation	Jesus wants us to come to know him more deeply in the Scriptures, to spend time with him there and receive what he wants to give us.
Explanation	<p>Last time we visited about ways to grow in friendship with God by taking time to talk to him in prayer. Tonight we are going to learn a special way to pray, using God’s very own words . . . in the bible!</p> <p>We’ve learned about the incredible gift that Jesus gave us in the Eucharist, his very own body and blood, so that he could be present with those whom he loves through the Mass. In the first part of mass we also encounter, or meet, Jesus in a different way. We encounter him in the words that are read from the Bible.</p> <p>When the bible was written, it wasn’t just people who wrote the bible. God sent his Holy Spirit to guide them, so that the bible wouldn’t just be a book to read, but that it would be an actual encounter, a meeting, with Jesus in the Word.</p> <p>Because we can encounter Jesus in the Bible, it is a great way to pray. We are going to learn about a way of praying called Lectio Divina. This means Sacred Reading in Latin.</p> <p>When we pray with the Bible, we can also use our imagination. We can imagine the setting of the story, was it daytime or night time? What was the weather like, was it rainy or sunshine, windy? Can I</p>

see mountains or a desert or ocean? Does the air smell like the sea, or flowers?

Was it in a building? What did the furniture look like? Can I smell cooking or a fire?

Were there people around? What did they look like? What were they wearing?

Is Jesus in this scene? Is he looking at me? Can I imagine the love that he has for me when he looks at me?

Am I one of the people in the story? How do I feel?

When we pray using Lectio Divina, we might want to read the scripture several times, once at the beginning, then again when we really put our imagination to work. We might read it again at the end, once through, so we can wrap up our thoughts and feelings.

Once we are done with reading, we can still spend time with God, just like we did last time. Tell him what we thought and felt during this prayer, and then listen to see if he has anything else to share with us, any feelings he wants us to feel, or any thoughts he wants us to have.

We can go back and forth with God as long as we want, and when we are done, we can thank him for the opportunity to be with him this day.

Let's try this with a scripture from Luke. In this story, Jesus has just begun his ministry, and has been teaching in their churches, called synagogues. When he goes to the synagogues, he often reads the scriptures. For the Jewish people, the scripture was what we call the Old Testament. This was in a time when books had not yet invented, and scripture was written on rolls of paper called scrolls. This day, Jesus was reading from the prophet Isaiah. Throughout the Old Testament, God spoke to the people of Israel through Prophets, people who prayed, and heard God's word and shared it with his people. Isaiah had spoken a lot about the Messiah, the one who would be sent to save God's people. Jesus lived at a time when many people were expecting these prophecies to come true anytime. This reading was one of those prophecies.

(Light candle & remind them, if necessary, of why we light a candle when reading scripture) We have a picture for you to look at while we read. Remember, we often use pictures when we pray to give us something to focus on and help our imagination work.

After I read this the first time, I will read it a second time and ask questions to help you imagine this scene. Today, I only want you to answer these questions in your mind. Use them to help you think about Jesus and imagine this story.

Read Luke 4:16-21 once through slowly. Then read a second time with the meditation, pausing between each question.

He came to Nazareth, where he had grown up . . .

- What does Jesus look like? Does he see you? What do you see in his eyes? , , , Was it a sunny day? Could he feel the warm sunshine on his face as he walked to his home? Were the roads dusty? This would have been Jesus' hometown, he would have known everyone. . . I wonder how he would have felt about that? Was he nervous? What did all his friends think about his preaching now? . . .

	<p>And went according to his custom into the synagogue on the sabbath day.</p> <ul style="list-style-type: none"> This would have been the church he had grown up in . . . I wonder how he felt? . . . Did people recognize him? Were they surprised to see him? The sabbath would have been their holy day of the week. Was it crowded? What were people wearing? <p>He stood up to read and was handed a scroll of the prophet Isaiah.</p> <ul style="list-style-type: none"> How did people react when he stood up to read? Did many people read? . . . Who handed him the scroll? Was it a rabbi, their priest? . . . What did the scroll look like? Was it old? Where was it kept? Did he stand at a podium, a lectern, or did he stand at his seat? . . . Were there lots of people around him? What kind of chairs were they in? <p>He unrolled the scroll and found the passage where it was written:</p> <ul style="list-style-type: none"> How did the scroll sound when he unrolled it? Was it crinkly or was the paper smooth? Did it take him a while to find the passage, or did he know right where to go? <p>“The Spirit of the Lord is upon me because he has anointed me to bring glad tidings to the poor.”</p> <ul style="list-style-type: none"> The spirit of the Lord . . . Does this mean the Holy Spirit? Anointed, like a special blessing with oil . . . What would that be like? A tidings was like news. What would glad tidings for the poor be? . . . Did people recognize this passage? It was very familiar. Were they surprised that he read that passage? How did they begin to react? What does Jesus’ voice sound like? Was he loud or soft <p>He sent me to proclaim liberty to captives and recovery of sight to the blind, to let the oppressed go free, and to proclaim a year acceptable to the Lord.”</p> <ul style="list-style-type: none"> This reading from Isaiah is making a lot of promises. Is it exciting for the people to hear these promises be read aloud? . . . These promises had been made for hundreds of years. I wonder how often they were read? Did the people know these promises by heart? <p>Rolling up the scroll, he handed it back to the attendant and sat down, And they eyes of all the synagogue looked intently at him.</p> <ul style="list-style-type: none"> Does he roll up the scroll quickly or slowly? Does the paper rustle while he is rolling it up? . . . Are there people sitting near him? <p>He said to them, “Today this scripture passage is fulfilled in your hearing.”</p> <ul style="list-style-type: none"> How do the people react? Are they confused, or excited? Are they talking to each other? How does Jesus react to them? <ul style="list-style-type: none"> If time, close by re-reading the passage.
Application	<p>Journal about their prayer experiences. This can be done either written or through pictures. Some children will prefer to capture their experience in pictures, even older ones. Writing or drawing in a journal will lay the foundation for journaling in the future.</p> <p>Share stories of their meditation with the class</p> <p>Other Possible Activities:</p> <p>Decoupage a smaller version of today’s art on a small piece of wood. Over the course of the year, they could develop a set of pictures from all the lessons.</p> <p>Create a skit, re-enacting the bible scene Copy the picture on the top half of a sheet, and have the older children write a summary of the story under the picture. Have the children draw a picture of the story.</p>
Celebration	<p>(Light Candle) Pray a closing prayer (you might use the Anima Christi prayer on the handout), then join the rest of the community in the chapel for a</p>

	testimony and closing prayer. If possible, have some social time after the closing prayer.
Vocabulary	Lectio Divina Synagogue Scroll Prophet
Resources	In My Heart Room , Mary Terese Donze, a.s.c. Lk 4:16-21 The Action Bible , by David C. Cook (graphic novel style bible, good for early readers, with a fairly decent telling of stories at children’s levels). Art: Christ Among the Doctors , Pinturicchio, Web Gallery of Art
Meal or snacks	Will there be a meal or snacks as part of this event, beginning or end of event, how long, what prep is needed: to be determined by the Parish.
Testimony	Will there be a testimony as part of this event, who will give it, how long: to be determined by the Parish.
Supplies needed	<ul style="list-style-type: none"> • Bible, candle, match, snuffer • Anima Christi Prayer Card • Full size Picture Christ Among the Doctors, on letter or ledger size paper. Can be laminated or decoupage, and kept throughout the year. <p><u>Depending on Activity:</u></p> <p>For Decoupage Activity:</p> <ul style="list-style-type: none"> • Small piece of wood or canvas for each child. Wood can be prestained or natural <ul style="list-style-type: none"> ○ SL crafts Mini Stretched Canvas 3.5"X2.75" (1 Pack of 12 Mini Canvases) <ul style="list-style-type: none"> ▪ Amazon, \$9.95, other sizes available ○ Artlicious Canvas Panels 24 Pack - 5"X7" Super Value Pack- Artist Canvas Boards <ul style="list-style-type: none"> ▪ Amazon, \$14.99, other sizes available • Copy of art, cut to size for canvass or wood for each child • Paint brushes (about 1/2" wide works well) Bristle or foam. • Mod Podge Matte Sealer or other decoupage medium <ul style="list-style-type: none"> ○ Mod Podge CS11303 Waterbase Sealer, Glue and Finish, Matte,32 Ounce <ul style="list-style-type: none"> ▪ Amazon, \$11.61, other sizes available • Cups for water • Newspaper or other protection for table <p>Apply Mod Podge to canvas or wood. While wet, smoot copy of art onto the canvas or wood. Gently work out the bubbles, but most of them will shrink when dry. Apply a second coat of Mod Podge to the top to act as a sealer. Additional coats maybe applied when dry for protection.</p> <p>For Story Summary:</p> <ul style="list-style-type: none"> • Art Journal Page, Lesson #2 <p>For Prayer Journaling:</p>

	<ul style="list-style-type: none"> New Journals for each child, composition notebooks work well for this and are usually very inexpensive at the beginning of the school year. They can be kept in the classroom for the year, or sent home with the children.
Handouts needed	Anima Christi Prayer Card Art Journal Page, Lesson #4, if desired
Volunteers needed	to be determined by the Parish. Teacher, possibly small group facilitators, people to prepare and serve meal or snacks, etc.
Advance preparation	Training in advance, setup, music needed, etc.: to be determined by the Parish. Speaker/teachers have outline/handouts/materials, photocopies ready, setup for meal and classroom space, chapel ready for gathering, mics if needed, etc.

The Year of the Eucharist

Catechesis #5: The Scriptural Basis of the Eucharist

K-5 LESSON

Event	Catechesis #3 The Scriptural Basis of the Eucharist
Event Category	Catechesis
Brief Description of Event	A walk through some of the ways in which Scripture describes and prefigures the Eucharist
Length of Time Needed	1 hour, or, if a meal or snacks are included: 1.5-1.75 hours
Schedule of the Event	<ul style="list-style-type: none"> • Meal, with the whole community (optional, 30-45 minutes) • Break into age levels (PS-2; 3-5, MS, HS, adults) • Lesson, with activities or discussion (45 minutes) • Gather the whole community in the chapel for a testimony (5-7 minutes) • Closing prayer and blessing in the chapel (5 minutes) • Snacks and fellowship (optional, and possible alternative to a meal, 15-30 minutes)
Goal	Deeper understanding of the way in which the Eucharist is instituted and proclaimed in the New Testament, as well as some of the ways in which it is prefigured in the Old Testament. To enhance an awe of the beauty and unity of Scriptures.
Age level(s)	K-5
Review	Included in the Explanation
Preparation	Gather the children and settle. Open with a prayer, asking the children's guardian angels to help their hearts and minds to be open the beautiful teaching of Jesus' presence in the Eucharist, then invite the children to join in praying the Angel of God prayer.
Proclamation	The Sacred Writers of Holy Scripture, under the inspiration of the Holy Spirit, have written of the institution of the Eucharist in the Gospels, explained the Eucharist in the Acts and the Epistles, and even laid the foundation for the gift of the Eucharist in the Old Testament.
Explanation	<p>We've heard that Jesus was of the Jewish people, people who had been chosen by God, set aside, so that they could bring salvation to the whole world. For hundreds of years, over 1000 years, God had spoken to the Jewish people through prophets. Prophets were people who heard God's word, and shared it with those around them. God also worked all kinds of miracles when his people needed help.</p> <p>All of these words, all of this history, was written down in what we call the bible, so that we would all be able to know this story, and know how God has worked throughout human history.</p> <p>Do you remember our very first story about the disciples who were on their way to Emmaus after Jesus was crucified, and had risen from the dead? Do you remember that Jesus explained how all of scripture related to him? He explained that every word of the bible, all of those prophecies, were given by God, so that the people of Israel would recognize Jesus, as the Messiah, as their savior.</p> <p>And even more amazing, so much of the bible, so many of these stories, also pointed to the Eucharist, as the great gift of love that Jesus would leave with his friends.</p>

Let's listen to some of the ways in which God was preparing us to receive the Eucharist.

Note—Show the children the appropriate pictures when available. With older children, you can read the appropriate passages in the Bible.

- **(older kids) Melchizadek— (Art—The Meeting of Abraham and Melchizadek, Peter Paul Reubens)** There was a priest Who was also a King named Melchizekek really early in the bible. He blesses our father Abraham with bread and wine. Melchizadek was so important, that he is mentioned again in the New Testament, and if you listen closely during mass, sometimes you will hear our priests saying that “Jesus is a priest in the order of Melchizadek”. Gn 14:8-20 Heb 7:2
- **Passover— (Art—Passover, Palma Giovane)** A few weeks ago we heard about the great Jewish Feast of Passover with unleavened bread and wine. Do you remember how we talked about the Passover feast being celebrated on the night before they were set free from slavery in Egypt. The Passover supper of the unleavened bread was a memorial feast of being set free! Ex 12:1, 3, 5, 8, 11, 14, 17
- **Manna from Heaven— (Art—The Miracle of the Manna, Tintoretto)** After the Israelites were rescued from slavery in Egypt, they crossed the Red Sea to find the land that God had promised them, but for 40 years they wandered in the desert. Do you know how much food that is in the desert? Not much! These Israelites were starving! So God sent them fine flakes that fell from the sky every night. They would gather up these flakes and make bread out of them! They had no idea what these flakes were, so they kept saying "what is it?" In Hebrew that word is Manna. For 40 years they lived on this Manna, this miraculous bread from heaven, while they were wandering in the desert. For hundreds and hundreds of years, the Israelites remembered how very much that God loved them, and how very well he had taken care of them, when he fed them with the Manna, the miraculous bread from heaven. Ex 16:1-6, 13-15
- **Ark of the Covenant—** In fact, This Manna from Heaven was so special that God commanded Moses to build a special container to put the Manna and the 10 Commandments into called the Ark of the Covenant. You can think of Covenant as the promise that God gave to the Israelites to be their God, and they would be his people. (You can think of the Ark like Noah's Ark, the ship that safely carried its people.) It was a beautiful box, covered in gold, where the Manna and 10 commandments into. Can you think of a beautiful gold box in our church today that holds miraculous bread? The Tabernacle! Ex 25:10-11, 16-18, 20-22
- **Miracle of the Loaves and the Fish— (Art—The Feeding of the Five Thousand, Hendrick de Clerck)** Early in Jesus' ministry, near the time of Passover, a huge crowd was gathered to hear him, five thousand men, plus women and children. It was nearing dinner time and they were hungry, but there was no food. (Does this sound familiar?) What could Jesus do that would begin to show people

	<p>that he was the son of God? Give them miraculous bread! And that is what he did. There was a boy who shared his five loaves of bread and two fish with Jesus. When they shared this little amount with food it fed all those thousands of people, with twelve wicker baskets left over! What an incredible miracle! Jn 6:1-14</p> <ul style="list-style-type: none"> • Bread of Life Discourse—The next day, the people were remembering the Manna from heaven that their ancestors ate in the desert. Jesus explained to them, that the bread that he would give to them would be his very own body! He said “I am the bread of life. Your ancestors ate the manna in the desert, but they died. I am the living bread that came down from heaven; whoever eats this bread will live forever.” They did not exactly understand what he meant, and they would not understand until that supper on the road to Emmaus after Jesus rose from the dead. Jn 6:32-35, 47-56
Application	<p>Possible Activities:</p> <p>Decoupage a smaller version of today’s art on a small piece of wood. Over the course of the year, they could develop a set of pictures from all the lessons.</p> <p>Create a skit, re-enacting the bible scene</p> <p>Copy the picture on the top half of a sheet, and have the older children write a summary of the story under the picture.</p> <p>Have the children draw a picture of the story.</p> <p>Journal about their prayer experiences. This can be done either written or through pictures. Some children will prefer to capture their experience in pictures, even older ones. Writing or drawing in a journal will lay the foundation for journaling in the future.</p>
Celebration	<p>(Light Candle) Pray a closing prayer (you might use the Anima Christi prayer on the handout), then join the rest of the community in the chapel for a testimony and closing prayer. If possible, have some social time after the closing prayer.</p>
Vocabulary	<p>Melchizadek Manna Passover Ark Covenant</p>
Resources	<ul style="list-style-type: none"> • Gn 14:8-20 Heb 7:2 • Ex 12:1, 3, 5, 8, 11, 14, 17 • Ex 16:1-6, 13-15 • Ex 25:10-11, 16-18, 20-22 • Jn 6:1-14, Mt 14:14-21 • Jn 6:32-35, 47-56 <p>Art:</p> <p>Passover, Palma Giovane, Web Gallery of Art The Miracle of the Manna, Tintoretto, Web Gallery of Art The Feeding of the Five Thousand, Hendrick de Clerck, wikigallery.org</p>
Meal or snacks	<p>Will there be a meal or snacks as part of this event, beginning or end of event, how long, what prep is needed to be determined by the Parish.</p>

Testimony	Will there be a testimony as part of this event, who will give it, how long to be determined by the Parish.
Supplies needed	<ul style="list-style-type: none"> • Bible, candle, match, snuffer • Anima Christi Prayer Card • Full size Pictures Passover, The Miracle of the Manna, The Feeding of the Five Thousand, on letter or ledger size paper. Can be laminated or decoupage, and kept throughout the year. <p><u>Depending on Activity:</u></p> <p>For Decoupage Activity:</p> <ul style="list-style-type: none"> • Small piece of wood or canvas for each child. Wood can be prestained or natural <ul style="list-style-type: none"> ○ SL crafts Mini Stretched Canvas 3.5"X2.75" (1 Pack of 12 Mini Canvases) <ul style="list-style-type: none"> ▪ Amazon, \$9.95, other sizes available ○ Artlicious Canvas Panels 24 Pack - 5"X7" Super Value Pack- Artist Canvas Boards <ul style="list-style-type: none"> ▪ Amazon, \$14.99, other sizes available • Copy of art, cut to size for canvass or wood for each child • Paint brushes (about 1/2" wide works well) Bristle or foam. • Mod Podge Matte Sealer or other decoupageing medium <ul style="list-style-type: none"> ○ Mod Podge CS11303 Waterbase Sealer, Glue and Finish, Matte,32 Ounce <ul style="list-style-type: none"> ▪ Amazon, \$11.61, other sizes available • Cups for water • Newspaper or other protection for table <p>Apply Mod Podge to canvas or wood. While wet, smoot copy of art onto the canvas or wood. Gently work out the bubbles, but most of them will shrink when dry. Apply a second coat of Mod Podge to the top to act as a sealer. Additional coats maybe applied when dry for protection.</p> <p>For Story Summary:</p> <ul style="list-style-type: none"> • Art Journal Page, Lesson #5 (note that there are 3 options this week) <p>For Prayer Journaling:</p> <ul style="list-style-type: none"> • New Journals for each child, composition notebooks work well for this and are usually very inexpensive at the beginning of the school year. They can be kept in the classroom for the year, or sent home with the children.
Handouts needed	Anima Christi Prayer Card Art Journal Page, Lesson #5, if desired (note that there are three options this week)
Volunteers needed	to be determined by the Parish. Teacher, people to help with the activity, people to prepare and serve meal or snacks, etc.
Advance preparation	Training in advance, setup, music needed, etc.: to be determined by the Parish.

	Speaker/teachers have outline/handouts/materials, photocopies ready, setup for meal and classroom space, chapel ready for gathering, mics if needed, etc. Activity ready.
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The Year of the Eucharist

Catechesis #6: The Mass: Sacrifice, Thanksgiving, Memorial, Presence **K-5 LESSON**

Event	Catechesis: The Mass—Sacrifice, Thanksgiving, Memorial, Presence
Event Category	Catechesis
Brief Description of Event	This lesson focuses on the elements of Sacrifice, Thanksgiving, Memorial and Presence of the Sacrament of the Eucharist
Length of Time Needed	1 hour, or, if a meal or snacks are included: 1.5-1.75 hours
Schedule of the Event	<ul style="list-style-type: none"> • Meal, with the whole community (optional, 30-45 minutes) • Break into age levels (PS-2; 3-5, MS, HS, adults) • Lesson, with activities or discussion (45 minutes) • Gather the whole community in the chapel for a testimony (5-7 minutes) • Closing prayer and blessing in the chapel (5 minutes) • Snacks and fellowship (optional, and possible alternative to a meal, 15-30 minutes)
Goal	Deeper understanding of the way in which the Eucharistic Sacrifice, fulfills the sacrifices of the Old Covenant. To instill an awareness of the way in which the sacrifice on Calvary is perpetuated in the Eucharist, leading to a deeper love for Christ who gives himself to us in the Eucharist, a desire to receive him in the Eucharist
Age level(s)	K-5
Review	Included in the Explanation
Preparation	Gather the children and settle. Open with a prayer, asking the children's guardian angels to help their hearts and minds to be open the beautiful teaching of Jesus' presence in the Eucharist, then invite the children to join in praying the Angel of God prayer.
Proclamation	Jesus instituted the Eucharistic Sacrifice for us to perpetuate the sacrifice of the Cross, to entrust His bride a memorial of his love in the Paschal Banquet in which he is consumed. He commanded his Apostles to celebrate the Eucharist until his return so that we would be able to live in his love until he comes again. The Sacrifice of the Cross is one single sacrifice with the Eucharistic Sacrifice.
Explanation	<ul style="list-style-type: none"> • Have you ever heard the word "sacrifice"? A sacrifice is when we give up something good, for benefit of something better. For instance, I might want to sleep in on Thanksgiving Day, but I get up early so that I can make a wonderful dinner for my family. I sacrifice those extra hours of sleep for the dinner for my whole family. <ul style="list-style-type: none"> ○ Usually when we offer a sacrifice for someone, it is because we love them and want to say thank you. Thank you for being you! Thank you for loving me! We are using this gift of sacrifice to put into action our words of love. ○ Is there any other time when we might do something extra special for someone we love? Have you ever done something that hurt someone? Hurt their feelings? What do you do then? You say you are sorry. Do you ever do more than just say you are sorry? Sometimes we do something extra special, just to put our words into action. If we are

	<p>saying sorry to our parents, we might do extra chores for them, or give them extra hugs. If we are saying sorry to our little sibling, we might share one of our toys with them, or watch their favorite movie with them. We put our words of “I’m sorry” into action.</p> <ul style="list-style-type: none"> • From the very beginning of time, humans recognized that there was someone far greater than themselves. Even people who did not know who God was, recognized that there was a god, somewhere, and they wanted to offer him thanks, and show their love. They wanted to find a way to put their words into action. God’s people, the Israelites, would offer God back some of the gifts that God gave them, the very first wheat from the field, or the very best lamb from the flock. <ul style="list-style-type: none"> ○ When they offered these gifts from God back to God, this was called a sacrifice. • Remember the Passover meal we had talked about? In addition to the unleavened bread, the Israelites offered God a lamb, a spotless, unblemished lamb. This would be the very best lamb of the flock, offered to God, out of love. (Just like your mom and dad give you their very best time, out of love) • Now the Israelites knew very well that one of the highest sacrifices, one of the very best gifts, they could offer to God was a lamb. Let’s see what John the Baptist, one of Jesus’ very best friends, his cousin, called Jesus at the very beginning of Jesus’ ministry on earth. <p>(Light candle & remind them, if necessary, of why we light a candle when reading scripture) We have a picture for you to look at.</p> <p>Read Jn 1:29</p> <ul style="list-style-type: none"> • What did he call him? The Lamb of God. What do you think he meant by that? That he would be the sacrifice? Do you think the people understood that at first? Probably not. • Jesus talked another time about sheep, let’s listen. <p>Read Jn 10:11, 14-15</p> <ul style="list-style-type: none"> • Who is the shepherd here? Jesus. “I am the Good Shepherd.” Twice he says that! What does he say a Good Shepherd will do? “Lay down his life for his sheep.” • Does this happen? When? On the cross. Let’s listen to a little more. <p>Read Jn 10:17-18</p> <ul style="list-style-type: none"> ○ Do you think that the gift of Jesus’ life taken from him? Or did he willingly offer it? Why would he do such a thing? Because he loves us.
Application	<p>Possible Activities: Decoupage a smaller version of today’s art on a small piece of wood. Over the course of the year, they could develop a set of pictures from all the lessons. Create a skit, re-enacting the bible scene</p>

	<p>Copy the picture on the top half of a sheet, and have the older children write a summary of the story under the picture.</p> <p>Have the children draw a picture of the story.</p> <p>Journal about their prayer experiences. This can be done either written or through pictures. Some children will prefer to capture their experience in pictures, even older ones. Writing or drawing in a journal will lay the foundation for journaling in the future.</p>
Celebration	(Light Candle) Pray a closing prayer (you might use the Anima Christi prayer on the handout), then join the rest of the community in the chapel for a testimony and closing prayer. If possible, have some social time after the closing prayer.
Vocabulary	<p>Sacrifice</p> <p>Lamb of God</p> <p>Good Shepherd</p>
Resources	<ul style="list-style-type: none"> • Jn 1:29 • Jn 10:11, 14-15 • Jn 10:17-18 <p>Art: Adoration of the Mystic Lamb, Jan van Eyck, Wikimedia Commons</p>
Meal or snacks	Will there be a meal or snacks as part of this event, beginning or end of event, how long, what prep is needed to be determined by the Parish.
Testimony	Will there be a testimony as part of this event, who will give it, how long to be determined by the Parish.
Supplies needed	<ul style="list-style-type: none"> • Bible, candle, match, snuffer • Anima Christi Prayer Card • Full size Pictures Adoration of the Mystic Lamb, on letter or ledger size paper. Can be laminated or decoupage, and kept throughout the year. <p><u>Depending on Activity:</u></p> <p>For Decoupage Activity:</p> <ul style="list-style-type: none"> • Small piece of wood or canvas for each child. Wood can be prestained or natural <ul style="list-style-type: none"> ○ SL crafts Mini Stretched Canvas 3.5"X2.75" (1 Pack of 12 Mini Canvases) <ul style="list-style-type: none"> ▪ Amazon, \$9.95, other sizes available ○ Artlicious Canvas Panels 24 Pack - 5"X7" Super Value Pack- Artist Canvas Boards <ul style="list-style-type: none"> ▪ Amazon, \$14.99, other sizes available • Copy of art, cut to size for canvass or wood for each child • Paint brushes (about 1/2" wide works well) Bristle or foam. • Mod Podge Matte Sealer or other decoupageing medium <ul style="list-style-type: none"> ○ Mod Podge CS11303 Waterbase Sealer, Glue and Finish, Matte,32 Ounce <ul style="list-style-type: none"> ▪ Amazon, \$11.61, other sizes available • Cups for water • Newspaper or other protection for table <p>Apply Mod Podge to canvas or wood. While wet, smoot copy of art onto the canvas or wood. Gently work out the bubbles, but most of them will</p>

	<p>shrink when dry. Apply a second coat of Mod Podge to the top to act as a sealer. Additional coats maybe applied when dry for protection.</p> <p>For Story Summary:</p> <ul style="list-style-type: none"> • Art Journal Page, Lesson #6 <p>For Prayer Journaling:</p> <ul style="list-style-type: none"> • New Journals for each child, composition notebooks work well for this and are usually very inexpensive at the beginning of the school year. They can be kept in the classroom for the year, or sent home with the children.
Handouts needed	Anima Christi Prayer Card Art Journal Page, Lesson #6, if desired
Volunteers needed	to be determined by the Parish. Teacher, people to help with activities, people to prepare and serve meal or snacks, etc.
Advance preparation	Training in advance, setup, music needed, etc.: to be determined by the Parish. Speaker/teachers have outline/handouts/materials, photocopies ready, setup for meal and classroom space, chapel ready for gathering, mics if needed, etc. Activity ready.

The Year of the Eucharist

Catechesis #7: The Transcendence of the Mass

K-5 LESSON

Event	Catechesis: The Transcendence of the Mass
Event Category	Catechesis
Brief Description of Event	This lesson is about the Transcendence of the Mass – we are brought outside of time and space to be present at the foot of the cross, and at the same time united with the heavenly liturgy.
Length of Time Needed	1 hour, or, if a meal or snacks are included: 1.5-1.75 hours
Schedule of the Event	<ul style="list-style-type: none"> • Meal, with the whole community (optional, 30-45 minutes) • Break into age levels (PS-2; 3-5, MS, HS, adults) • Lesson, with activities or discussion (45 minutes) • Gather the whole community in the chapel for a testimony (5-7 minutes) • Closing prayer and blessing in the chapel (5 minutes) • Snacks and fellowship (optional, and possible alternative to a meal, 15-30 minutes)
Goal	Deeper understanding of what the Eucharist is, love for Christ who gives himself to us in the Eucharist, a desire to receive him in the Eucharist
Age level(s)	K-5
Review	Review prior lessons as needed.
Preparation	Gather the children and settle. Open with a prayer, asking the children's guardian angels to help their hearts and minds to be open the beautiful teaching of Jesus' presence in the Eucharist, then invite the children to join in praying the Angel of God prayer.
Proclamation	The Holy Mass is the union of heaven and earth, and the intersection of time and eternity. We are brought to the foot of the cross, we are brought into the heavenly liturgy. We offer ourselves with Jesus in the liturgy.
Explanation	<p>Explanation</p> <ul style="list-style-type: none"> • Have you ever heard the word Transcendence? Something that is more than it seems to be is called transcendent. We already know that the Bread and Wine of the Eucharist is more than it seems, right? What is it? The Body and Blood of Christ! • But the transcendence of the Eucharist goes even beyond that. The Eucharist even transcends time!! What does that mean? <ul style="list-style-type: none"> ○ Have you ever wished you could be with Jesus? Well we know with the Eucharist, he is here with us now. ○ But maybe you wish you could have been with Jesus when he needed us most. Maybe when he was suffering in the Garden, or carrying his cross, or maybe even when he was on the cross. ○ In some mysterious way, those events of Christ's suffering and death, are made present during the mass! ○ Just like we can't see his body in the Eucharist, we also can't see the garden or the cross. ○ Let's hear what St. Paul says about that.

(Light candle & remind them, if necessary, of why we light a candle when reading scripture) We have a picture to look at.

1 Cor 11:23-26

- We recognize those words, don't we? Where have we heard them? At the mass, during the consecration, when the bread and wine become the body and blood of Jesus!
- "This is my body . . . This is the cup of the new covenant" Those are the words the priest says, that turns the bread and wine into his body and blood.
- We haven't really focused on part of those words before, "Do this in remembrance of me."
 - You know what it means to remember something, right? Our memories are the way God lets us keep all the things that happen to us. We can keep them in our mind, and go back to our favorite times by remembering them.
 - We might remember a loved one who has passed away/gone to heaven. That's a gift which God gives us, so that they are never really gone.
- For the people in Jesus' time, we call them the Hebrew people, or the Jewish people, remembrance was even more special. To do something in "remembrance" was more than calling to mind an event from the past, it was making that event present, right now in our time.
 - So just like the person of Jesus is present in the bread and wine, the **events** of his passion are also made present. The Last Supper, the carrying of the cross, his crucifixion . . . they are all present during the mass just like Jesus is.
 - We can't see them in the mass, just like we can't see Jesus in the Eucharist. But that doesn't mean they aren't there.
- Can you see the air around you? We can't, can we. We might see something floating in the air, smoke or water in clouds, but we can't see the air.
 - Does that mean the air isn't there? We can't see it but we know that it is there.
- In the same way, even though we can't see Jesus present, and we can't see the events of his passion, that doesn't mean that they aren't happening.
 - When we believe in something we can't see, we call that **faith**.
- So. . . if the events of Jesus passion are made present at every single mass for the last 2000 years, . . . then who is present with Jesus when he was on the cross? Every single person who has ever attended mass, any where in the world, any time in history, is present with him on the cross!
 - Imagine how much comfort we can bring Jesus, when we are aware of this!
- But . . . here is the **most important part** . . . Jesus can only be comforted by us if we talk to him during the mass. Remember, we call this talking to Jesus "prayer".
 - When might we pray? In the morning, at bedtime, at meals, or **whenever** we need Jesus.

	<ul style="list-style-type: none"> ○ But when we pray to Jesus during the mass, when we talk to him during the mass, we are talking to him when he needs us. ○ Because, in the mass, not only is he present to us in the Eucharist, he is present to us during the saddest and most difficult part of his life. ● And our prayers can make that incredibly painful time, a tiny bit better. <ul style="list-style-type: none"> ○ When you fall down and skin your knee, don't you feel a tiny bit better when your mom or dad scoops you up and cuddles you until you feel better? ○ Our prayers to Jesus, during the mass, are just like that. ● Whenever we read scripture about Jesus suffering and death, or look at a crucifix or look at a picture of him on the cross, and we feel so sorry for him, or so grateful that he loved us so much to give up his life, we can make a memory of our love for Jesus, so that the next time we are in mass, we can tell him, how very much we love him, and how very thankful we are that he loves us.
Application	<p>Possible Activities, based on age appropriateness:</p> <ol style="list-style-type: none"> 1) (This can be done during the lesson or afterwards) Recall the part of the lesson when we were talking about believing in something we can't see. We can't see air, right? But does that mean it isn't there? <ol style="list-style-type: none"> a. Hold up an inflated balloon and an uninflated balloon of the same color. b. What is the difference between these two balloons? One has air in it, one doesn't. If I pop the inflated balloon, will you be able to see the air rushing out? No. But yet we know the air is there, even though we can't see it. c. In the same way, we know that Jesus is present in the Eucharist, and we know that his passion is being made present in the mass, even though we can't see it. 2) Make a mass card, which the children can bring with them to mass. In the mass card, they might want to draw a picture of Jesus on the cross, or write a prayer, or letter to Jesus, that can comfort him on the cross. You might want to pre-print some greeting card size papers/cardstock, with a picture of Jesus on the cross on the outside, and let the children write or draw their notes to Jesus on the inside. Encourage them to bring these cards with them to mass. <p>Other Possible Activities:</p> <p>Decoupage a smaller version of today's art on a small piece of wood. Over the course of the year, they could develop a set of pictures from all the lessons.</p> <p>Create a skit, re-enacting the bible scene Copy the picture on the top half of a sheet, and have the older children write a summary of the story under the picture.</p> <p>Have the children draw a picture of the story.</p> <ol style="list-style-type: none"> 1) Journal about their prayer experiences. This can be done either written or through pictures. Some children will prefer to capture their experience in pictures, even older ones. Writing or drawing in a journal will lay the foundation for journaling in the future.
Celebration	(Light Candle) Pray a closing prayer (you might use the Anima Christi prayer on the handout), then join the rest of the community in the chapel for a

	testimony and closing prayer. If possible, have some social time after the closing prayer.
Vocabulary	Transcendence, Transcend Remembrance Faith
Resources	1 Cor 11:23-26 Art: Mass of St. John of Matha , Carreno de Miranda, Web Gallery of Art
Meal or snacks	Will there be a meal or snacks as part of this event, beginning or end of event, how long, what prep is needed: to be determined by the Parish.
Testimony	Will there be a testimony as part of this event, who will give it, how long: to be determined by the Parish.
Supplies needed	<ul style="list-style-type: none"> • Bible, candle, match, snuffer • Anima Christi Prayer Card • Full size Pictures Mass of St. John of Matha, on letter or ledger size paper. Can be laminated or decoupage, and kept throughout the year. • 2 Balloons, the same color <p><u>Depending on Activity:</u></p> <p>For Decoupage Activity:</p> <ul style="list-style-type: none"> • Small piece of wood or canvas for each child. Wood can be prestained or natural <ul style="list-style-type: none"> ○ SL crafts Mini Stretched Canvas 3.5"X2.75" (1 Pack of 12 Mini Canvases) <ul style="list-style-type: none"> ▪ Amazon, \$9.95, other sizes available ○ Artlicious Canvas Panels 24 Pack - 5"X7" Super Value Pack- Artist Canvas Boards <ul style="list-style-type: none"> ▪ Amazon, \$14.99, other sizes available • Copy of art, cut to size for canvass or wood for each child • Paint brushes (about 1/2" wide works well) Bristle or foam. • Mod Podge Matte Sealer or other decoupage medium <ul style="list-style-type: none"> ○ Mod Podge CS11303 Waterbase Sealer, Glue and Finish, Matte,32 Ounce <ul style="list-style-type: none"> ▪ Amazon, \$11.61, other sizes available • Cups for water • Newspaper or other protection for table <p>Apply Mod Podge to canvas or wood. While wet, smoot copy of art onto the canvas or wood. Gently work out the bubbles, but most of them will shrink when dry. Apply a second coat of Mod Podge to the top to act as a sealer. Additional coats maybe applied when dry for protection.</p> <p>For Story Summary:</p> <ul style="list-style-type: none"> • Art Journal Page, Lesson #6 <p>For Prayer Journaling:</p> <ul style="list-style-type: none"> • New Journals for each child, composition notebooks work well for this and are usually very inexpensive at the beginning of the school

	year. They can be kept in the classroom for the year, or sent home with the children.
Handouts needed	Anima Christi Prayer Card Art Journal Page, Lesson #7, if desired
Volunteers needed	to be determined by the Parish. Teacher, people to help with activities, people to prepare and serve meal or snacks, etc.
Advance preparation	Training in advance, setup, music needed, etc.: to be determined by the Parish. Speaker/teachers have outline/handouts/materials, photocopies ready, setup for meal and classroom space, chapel ready for gathering, mics if needed, etc. Activity ready.

The Year of the Eucharist

Catechesis #8: Eucharistic Miracles

K-5 LESSON

Event	Catechesis: Eucharistic Miracles
Event Category	Catechesis
Brief Description of Event	This lesson focuses on an introduction of the Eucharistic miracles which have been manifested during the age of the Church.
Length of Time Needed	1 hour, or, if a meal or snacks are included: 1.5-1.75 hours
Schedule of the Event	<ul style="list-style-type: none"> • Meal, with the whole community (optional, 30-45 minutes) • Break into age levels (PS-2; 3-5, MS, HS, adults) • Lesson, with activities or discussion (45 minutes) • Gather the whole community in the chapel for a testimony (5-7 minutes) • Closing prayer and blessing in the chapel (5 minutes) • Snacks and fellowship (optional, and possible alternative to a meal, 15-30 minutes)
Goal	To increase reverence for the presence of Jesus in the Eucharist through the example of the ways in which his presence has broken through the veil of his transcendent presence, and into our physical world.
Age level(s)	K-5
Review	
Preparation	Gather the children and settle. Open with a prayer, asking the children's guardian angels to help their hearts and minds to be open the beautiful teaching of Jesus' presence in the Eucharist, then invite the children to join in praying the Angel of God prayer.
Proclamation	Just as God communicated with us throughout the Old Testament and the New Testament through the manifestation of miracles which demonstrated his power and dominion over the physical world, he has also demonstrated the reality of the Real Presence of Christ in the Eucharist through Eucharistic Miracles.
Explanation	<p><i>Note: In the Resource section below is a link to a children's video on the Eucharist which is 48 minutes long. You may want to use all or part of that video to supplement or in lieu of the lesson below.</i></p> <p>Do you remember when we began to talk about Jesus being truly and really present in the Eucharist, Body and Blood, Soul and Divinity? We can't see his body, can we? Yet, we know that he is there. That is what we call faith, believing in something which we can't see or prove.</p> <p>That is like our faith in God the Father, and the Son and the Holy Spirit. We know in our heart that God is God . . . that he created the universe, that he breathed life into us. Just like humans for thousands of years, we believe.</p> <p>Sometimes God helps us with our belief by giving us the gift of miracles. Do you know what a miracle is? Something that happens that cannot be explained by science, no matter how hard we try. God has given us the gift of miracles throughout human history.</p>

- When the Israelites were in slavery in Egypt, God sent Moses and the 10 plagues, and then miraculously parted the Red Sea, so they could cross it to escape the soldiers.
- When they were hungry in the desert, God sent manna for them to eat, the bread from heaven.

When Jesus was ministering with the disciples, he performed many miracles, as a sign that he truly was the Son of God.

- He multiplied the bread to feed thousands of people
- He turned water into wine
- He healed sick people, gave sight to the blind, healed people had been paralyzed, and even raised the dead!
- He calmed the waves on the water during a storm
- He performed many, many more miracles!

Many of these miracles occurred when people weren't sure that they believed in God. This was God's way of saying "I want you to know just how much I love you, so I am going to send you this miracle so that you can see my love in action." Once people saw these miracles, they would tell all their friends, so that even the people who didn't see the miracles could know and believe in God.

After Jesus ascended into heaven, we know that he has continued to love us. We also know that he wants us to know him and love him. And he knows that sometimes, it might be hard for us to believe in him and believe in the gift of his presence in the Eucharist. So what do you think he has done to help our unbelief? He has given us more miracles. We call them Eucharistic Miracles, because these miracles involve the Eucharist.

Tonight we are going to talk about some of these miracles.

Miracle of Lanciano

Our first miracle happens in the year 750 in a little town called Lanciano in Italy, a country on the other side of the world. (show them where we are on the globe, then point to Italy. Using the globe to show the locations grounds the children in the fact that these are real events located in real places in the world) That was over 1200 years ago!

A priest was celebrating Holy Mass. At the exact moment of the Consecration (remember that is when the bread and wine are turned into the body and blood of Jesus), he was tormented by strong doubts as to whether the Body and Blood of Jesus were truly present in the consecrated Host. He wasn't sure if he really believed that Jesus was present.

He had just finished the Consecration when he noticed that the Host, the bread, had been transformed into Flesh and the Wine into Blood.

The priest, filled with regret for having doubted, began to weep and beg pardon from God. Many other people of the church saw this happen! They were witnesses to this miracle.

In 1970, scientist analyzed the Relics. Using microscopes and other equipment, they were able see that the Host transformed into Flesh is true Flesh. In fact the tissue they looked at was a part of a human heart! The Wine was transformed into true Blood. (Catechist note, They were able to blood type the blood and it is blood type AB, which is the same as that found on the Shroud of Turin.)

Tixtla, Mexico

In 2006, in Mexico, not very long ago, and not nearly as far away (show them Mexico on the globe) another miracle happened. This time the Host, the bread, began to bleed. Again the scientists studied it, and again the tissue turned out to be tissue from the heart. And it was exactly the same type as the blood and tissue from Lanciano twelve hundred years earlier on the other side of the world!

Sienna, Italy

About 250 years ago in 1730, in Italy again (show them on the globe) some of the Hosts were stolen from the church! Three days later they were found in an offering box, where the money collected for candles or at mass would be put. The hosts were dusty and dirty, so they couldn't be eaten, so they put them into the tabernacle to let them decay naturally, because they definitely couldn't throw them away! Well they expected them to decay or rot in just a few weeks, but everytime they went to check on them they were still fresh! How long does it take for bread to get rotten in your house? Not very long. These hosts have been miraculously preserved from deteriorating or rotting for 250 years, and science can not explain it!

There have been hundreds of miracles like this over the centuries. It is kind of like Jesus is giving us a little "God wink". He can help people who begin to wonder if he is really present in the Eucharist. But I think Jesus loves it the most, when we believe in his presence, just because he told us.

After Jesus died and then was resurrected he appeared to many many people, including his disciples. One of the disciples, Thomas, wasn't present when Jesus appeared to the rest of them. Let's hear what Thomas said. . .

(Light candle & remind them, if necessary, of why we light a candle when reading scripture) We have another picture to look at.

Jn 20:24-29

Did Thomas believe that Jesus really rose from the dead? No, he wasn't really sure was he? Why do you think he was hesitant to believe? Maybe it seemed too good to be true!

	<p>What did Thomas want? He wanted proof! He wanted to actually see Jesus, even to put his fingers into his wounds!</p> <p>So what happened? Jesus appeared to Thomas as well. Did Thomas believe? Yes!</p> <p>But what did Jesus say, after Thomas believes? “Have you come to believe because you have seen me? Blessed are those who have not seen and have believed.” What do you think he meant by that? It was good that Thomas believed, but Jesus really loves it when we believe even without proof. He even calls us “Blessed.”</p> <p>Although we may want to see a miracle like one of the ones we have heard about, I think I would rather that Jesus would think of me as blessed!</p>
Application	<p>Possible Activities:</p> <p>Read some of the stories from the pdf book on Eucharistic Miracles in the Resources section below.</p> <p>Watch all or part of the video referenced below.</p> <p>Decoupage a smaller version of today’s art on a small piece of wood.</p> <p>Over the course of the year, they could develop a set of pictures from all the lessons.</p> <p>Copy the picture on the top half of a sheet, and have the older children write a summary of the story under the picture.</p> <p>Have the children draw a picture of the story.</p>
Celebration	<p>(Light Candle) Pray a closing prayer (you might use the Anima Christi prayer on the handout), then join the rest of the community in the chapel for a testimony and closing prayer. If possible, have some social time after the closing prayer.</p>
Vocabulary	<ul style="list-style-type: none"> • Miracle • Eucharistic Miracle
Resources	<p>Children’s Video on Eucharistic Miracles http://therealpresence.org/eucharst/mir/a3.html</p> <p>Downloadable pdf book on Eucharistic Miracles for children http://therealpresence.org/eucharst/mir/emc.htm</p> <p>John 20:24-29</p> <p>Art: St. Clare and the Siege on Assisi, Guiseppe Cesari, Web Gallery of Art The Incredulity of Thomas, Caravaggio, Web Gallery of Art</p>
Meal or snacks	<p>Will there be a meal or snacks as part of this event, beginning or end of event, how long, what prep is needed to be determined by the Parish.</p>
Testimony	<p>Will there be a testimony as part of this event, who will give it, how long to be determined by the Parish.</p>
Supplies needed	<ul style="list-style-type: none"> • Bible, candle, match, snuffer • Anima Christi Prayer Card • Full size Picture St. Clare and the Siege on Assisi and The Incredulity of Thomas, on letter or ledger size paper. Can be laminated or decoupage and kept throughout the year. • Globe <p><u>Depending on Activity:</u></p>

	<p>For Decoupage Activity:</p> <ul style="list-style-type: none"> • Small piece of wood or canvas for each child. Wood can be prestained or natural <ul style="list-style-type: none"> ○ SL crafts Mini Stretched Canvas 3.5"X2.75" (1 Pack of 12 Mini Canvases) <ul style="list-style-type: none"> ▪ Amazon, \$9.95, other sizes available ○ Artlicious Canvas Panels 24 Pack - 5"X7" Super Value Pack- Artist Canvas Boards <ul style="list-style-type: none"> ▪ Amazon, \$14.99, other sizes available • Copy of art, cut to size for canvass or wood for each child • Paint brushes (about 1/2" wide works well) Bristle or foam. • Mod Podge Matte Sealer or other decoupageing medium <ul style="list-style-type: none"> ○ Mod Podge CS11303 Waterbase Sealer, Glue and Finish, Matte,32 Ounce <ul style="list-style-type: none"> ▪ Amazon, \$11.61, other sizes available • Cups for water • Newspaper or other protection for table <p>Apply Mod Podge to canvas or wood. While wet, smoot copy of art onto the canvas or wood. Gently work out the bubbles, but most of them will shrink when dry. Apply a second coat of Mod Podge to the top to act as a sealer. Additional coats maybe applied when dry for protection.</p> <p>For Story Summary:</p> <ul style="list-style-type: none"> • Art Journal Page, Lesson #8
Handouts needed	Anima Christi Prayer Card Art Journal Page, Lesson #8 if desired
Volunteers needed	to be determined by the Parish. Teacher, people to help with activity, people to prepare and serve meal or snacks, etc.
Advance preparation	Training in advance, setup, music needed, etc.: to be determined by the Parish. Speaker/teachers have outline/handouts/materials, photocopies ready, setup for meal and classroom space, chapel ready for gathering, mics if needed, etc. Activity ready.

The Year of the Eucharist

Catechesis #9: Holy Communion

K-5 LESSON

Event	Catechesis: Holy Communion
Event Category	Catechesis
Brief Description of Event	This lesson is about understanding what happens in Holy Communion, what God wants to give me there, and how to prepare for this holy moment. It is about growing in love for Christ who comes to be with us – we have union with him in Holy Communion.
Length of Time Needed	1 hour, or, if a meal or snacks are included: 1.5-1.75 hours
Schedule of the Event	<ul style="list-style-type: none"> • Meal, with the whole community (optional, 30-45 minutes) • Break into age levels (PS-2; 3-5, MS, HS, adults) • Lesson, with activities or discussion (45 minutes) • Gather the whole community in the chapel for a testimony (5-7 minutes) • Closing prayer and blessing in the chapel (5 minutes) • Snacks and fellowship (optional, and possible alternative to a meal, 15-30 minutes)
Goal	Growth in love for our Lord who comes to be united with us in Holy Communion.
Age level(s)	K-5
Review	Included in the Explanation
Preparation	Gather the children and settle. Open with a prayer, asking the children's guardian angels to help their hearts and minds to be open the beautiful teaching of Jesus' presence in the Eucharist, then invite the children to join in praying the Angel of God prayer.
Proclamation	Jesus wants to be united with us so closely that he gives himself to us in the form of bread and wine, which is no longer bread and wine but now truly the Body, Blood, Soul and Divinity of Jesus.
Explanation	<ul style="list-style-type: none"> • We've talked a lot about the Eucharist this year, haven't we? <ul style="list-style-type: none"> ○ how Jesus is present in the Eucharist ○ how the mass makes Jesus' passion present ○ We've talked about how God prepared his people, the Hebrews, to receive the Eucharist over many, many years. <ul style="list-style-type: none"> ▪ One of the very first priests, Melchizadek offered God bread and wine ▪ How God prepared them to be delivered from slavery in Egypt with the Passover bread ▪ He sent them manna from heaven to feed them in the desert for 40 years ▪ Jesus miraculously fed thousands of people with just a few loafs of bread ▪ And then he told them that HE would be the bread from heaven, the bread of life! ○ And we've talked about how Jesus instituted, began, the Eucharist at his last supper on earth, when he told his friends the disciples that this bread and wine would be his

very body, and how they should remember him, make him present, every time they eat this bread.

- And after Jesus rose from the dead, the disciples from Emmaus talked with Jesus for hours as they walked on the road to Emmaus, and never recognized him until he took the bread, blessed it and broke it, and finally, they recognized him in the breaking of the bread!
- WOW! For thousands of years, God has been preparing his people to receive Jesus in this heavenly bread, this Eucharist.
- As if this wasn't enough, to have the opportunity to be with Jesus in the Eucharist, to be with him in his passion, he has one final command for us. Let's listen and see if you can remember what that last command was.

(Light candle & remind them, if necessary, of why we light a candle when reading scripture) We have a picture to help us think about this.

Mt 26:26-28

- After Jesus takes the bread, breaks it and blesses it, what does he tell them to do? Eat it! After he takes the cup and gives thanks, what does he tell them to do? Drink it!
 - Just like God's people at Passover, or the manna in the desert. Just like the miraculous multiplication of the loaves.
- When God gives his people bread, he always wants them to eat it! Why do you think that is? Let's think about that.
 - Why do we eat any food? To be healthy, to grow strong.
 - What would happen if we only ever drank soda pop, or ate candy? We would not grow strong and healthy, our teeth would probably rot and fall out!
 - What would happen if you ate rotten food? It probably would make you sick, ugh!
 - You might have heard the phrase "You are what you eat." If we want to be strong and healthy, we need to eat good healthy food.
 - Everything we eat, everything we drink, does something to our bodies, it can make us healthy or it can make us less healthy or even sick.
- What do you think happens to us when we receive Jesus in the Eucharist? It is probably very very good for us! But how is it good for us?
- We can be healthy a lot of different ways, can't we? What are the ways we can be healthy?
 - We can be strong and physically healthy.
 - Our minds can be healthy, by learning things and challenging ourselves.
- What else? Our **spirit** can be healthy. We have bodies and souls. And just like we need to feed our bodies, we need to feed our souls to be healthy.
 - We can tell when our bodies are eating good food, by how healthy they are, white teeth, shiny hair . . . but how can we tell how healthy our souls are?

- We can tell how healthy our souls are by our desire for holiness, our desire to be good friends with Jesus, with God the Father and with the Holy Spirit. We call that the Fruit of Holy Communion.
 - When you think of fruit, where does fruit come from? A tree. And good, healthy fruit needs to come from a good healthy tree. Jesus even talked about that.

Read Mt 12:33

- Good strong tree, good strong fruit. Rotten tree = rotten fruit.
- When we receive Jesus in the Eucharist, we will naturally have healthier spirits, healthier souls. We will be better people. That is called the what? The “Fruit of Holy Communion.”
- What do you think some of the Fruits of Holy Communion would be?
 - When we receive Jesus in the Eucharist, we develop a deeper desire to be closer to him, to be more like him. And receiving Jesus in Holy Communion makes that possible.
 - In fact, the word “Communion” means “to be with.” Or to be close to someone.
- So . . . here is something very exciting. If everyone who receives Jesus in Holy Communion is close to Jesus . . . then who else are we close to? Each other!
 - In fact, when we are close to Jesus, and we are so close to each other, that it’s almost like we are stuck to each other . . . like we are a brand new body of people.
 - This brand new body of people we call the Mystical Body of Christ, and when we are all united with Christ, and united with one another.
 - Do you think we are stronger when we are united together in Christ? Absolutely!
- Did you have any idea how powerful this Holy Communion was? (to younger kids—Are you excited about receiving Holy Communion one day?)
- How incredible is it that Jesus would love us so much that he would give us his body, to take into our very own body?! It is like he is coming to visit us, inside our body, everytime we receive Holy Communion.
 - Can you imagine if Jesus came to your house to visit? What would you do to prepare? Like what do you do to prepare for a big feast, like Christmas? Probably clean up some, huh? Maybe decorate or put out the prettiest dishes that your mom saves for special occasions.
- We can prepare ourselves for this visit of Jesus, just the same way. How can we prepare ourselves to receive him in Holy Communion?
 - One thing we can do is to **fast**. Have you ever heard of that? Fasting means we don’t eat for a little while. On Sundays, or any day that we receive Holy Communion, we don’t eat for an hour before we receive Jesus. That way our whole body is empty and ready to receive him.
 - We also might decorate ourselves, just like we’d decorate the house. We can wear our very best clothes, make sure our hands are clean.
- Those are ways to make our body clean, how about our spirit, our soul? We can think of anything we’ve done that would have made our spirit “dirty.” Things that Jesus might not be happy with.
 - We call these things sins. They are those actions that might separate us from Jesus.

	<ul style="list-style-type: none"> ○ If we realize that we've done something that Jesus might not like, what can we do? We can say we are sorry. ○ In fact, we have a chance to do that at the very beginning of mass. We have a chance to think about those things that Jesus might not like and tell him how sorry we are. ○ (For older kids) We also have the opportunity to go to the Sacrament of Reconciliation to be ready for Holy Communion. Just like we would clean up our house before receiving company, we can clean up our soul through the sacrament of Reconciliation. <ul style="list-style-type: none"> • (Older kids) We talked about how we can prepare our bodies with a fast, so that our bodies are empty and ready to receive him. Did you know we can make our souls, our spirits empty too? When we remember how very great that God is, and how very little that we are, it's like we are making our souls empty to make room to be ready to receive all of him!!
Application	<p>Possible activities</p> <ul style="list-style-type: none"> • Present or review (depending on age) the gestures and rules of receiving communion. Younger children especially will love to practice receiving communion. For ages, this is an opportunity for them to try receiving an unconsecrated host on their tongue. Many children are curious about this practice but are not likely to try it for the first time during mass, out of a fear of dropping the host. • Gestures to highlight include <ul style="list-style-type: none"> • Genuflecting to the tabernacle when entering and leaving the Church, or whenever passing in front of it. • Bowing to the altar, where Jesus is consecrated, if the tabernacle is not behind the altar. • Bowing to Jesus in the Eucharist before receiving him. • Sign of the Cross after receiving him <p>Other Possible Activities:</p> <p>Decoupage a smaller version of today's art on a small piece of wood. Over the course of the year, they could develop a set of pictures from all the lessons.</p> <p>Create a skit, re-enacting the bible scene Copy the picture on the top half of a sheet, and have the older children write a summary of the story under the picture.</p> <p>Have the children draw a picture of the story.</p> <p>Journal about their prayer experiences. This can be done either written or through pictures. Some children will prefer to capture their experience in pictures, even older ones. Writing or drawing in a journal will lay the foundation for journaling in the future.</p>
Celebration	<ul style="list-style-type: none"> • (Light Candle) Pray the Our Father, pointing out to the Children that Jesus teaches us to pray to receive our daily bread. Do you think he only means bread that is food, . . . or might he also mean the Heavenly Bread of the Eucharist? • Then, join the rest of the community in the chapel for a testimony and closing prayer. If possible, have some social time after the closing prayer.
Vocabulary	<p>Spirit, soul Holy Communion Fast Sins Sacrament of Reconciliation</p>

Resources	Resources Mt 26:26-28 Mt 12:33 Art: Eucharist in Fruit Wreath , Jan Davidsz de Heem WGA Icon of Jesus Distributing Holy Communion , unknown
Meal or snacks	Will there be a meal or snacks as part of this event, beginning or end of event, how long, what prep is needed: to be determined by the Parish.
Testimony	Will there be a testimony as part of this event, who will give it, how long: to be determined by the Parish.
Supplies needed	<ul style="list-style-type: none"> • Bible, candle, match, snuffer • Anima Christi Prayer Card • Full size Pictures Eucharist in Fruit Wreath and the Icon of Jesus Distributing Holy Communion, on letter or ledger size paper. Can be laminated or decoupage, and kept throughout the year. <p><u>Depending on Activity:</u></p> <p>For Practice Receiving</p> <ul style="list-style-type: none"> • Paten with unconsecrated Hosts, Communion Cup with water <p>For Decoupage Activity:</p> <ul style="list-style-type: none"> • Small piece of wood or canvas for each child. Wood can be prestained or natural <ul style="list-style-type: none"> ○ SL crafts Mini Stretched Canvas 3.5"X2.75" (1 Pack of 12 Mini Canvases) <ul style="list-style-type: none"> ▪ Amazon, \$9.95, other sizes available ○ Artlicious Canvas Panels 24 Pack - 5"X7" Super Value Pack- Artist Canvas Boards <ul style="list-style-type: none"> ▪ Amazon, \$14.99, other sizes available • Copy of art, cut to size for canvass or wood for each child • Paint brushes (about 1/2" wide works well) Bristle or foam. • Mod Podge Matte Sealer or other decoupageing medium <ul style="list-style-type: none"> ○ Mod Podge CS11303 Waterbase Sealer, Glue and Finish, Matte,32 Ounce <ul style="list-style-type: none"> ▪ Amazon, \$11.61, other sizes available • Cups for water • Newspaper or other protection for table <p>Apply Mod Podge to canvas or wood. While wet, smoot copy of art onto the canvas or wood. Gently work out the bubbles, but most of them will shrink when dry. Apply a second coat of Mod Podge to the top to act as a sealer. Additional coats maybe applied when dry for protection.</p> <p>For Story Summary:</p> <ul style="list-style-type: none"> • Art Journal Page, Lesson #6 <p>For Prayer Journaling:</p>

	<ul style="list-style-type: none"> New Journals for each child, composition notebooks work well for this and are usually very inexpensive at the beginning of the school year. They can be kept in the classroom for the year, or sent home with the children.
Handouts needed	Art Journal Page, Lesson #9, if desired
Volunteers needed	<p>to be determined by the Parish.</p> <p>Teacher, people to help with activities, people to prepare and serve meal or snacks, etc.</p>
Advance preparation	<p>Training in advance, setup, music needed, etc.: to be determined by the Parish.</p> <p>Speaker/teachers have outline/handouts/materials, photocopies ready, setup for meal and classroom space, chapel ready for gathering, mics if needed, etc. Activity ready.</p>

The Year of the Eucharist

Catechesis #10: Worship of the Holy Eucharist: Eucharistic Adoration

K-5 LESSON

Event	Catechesis: Worship of the Holy Eucharist: Eucharistic Adoration
Event Category	Catechesis
Brief Description of Event	This lesson is about entering more fully into relationship with Christ through worship of the Holy Eucharist – Eucharistic Adoration.
Length of Time Needed	1 hour, or, if a meal or snacks are included: 1.5-1.75 hours
Schedule of the Event	<ul style="list-style-type: none"> • Meal, with the whole community (optional, 30-45 minutes) • Break into age levels (PS-2; 3-5, MS, HS, adults) • Lesson, with activities or discussion (45 minutes) • Gather the whole community in the chapel for a testimony (5-7 minutes) • Closing prayer and blessing in the chapel (5 minutes) • Snacks and fellowship (optional, and possible alternative to a meal, 15-30 minutes)
Goal	Growth in a relationship with the Lord who loves us by spending time with him in Eucharistic Adoration.
Age level(s)	K-5
Review	Included in Explanation
Preparation	Gather the children and settle. Open with a prayer, asking the children’s guardian angels to help their hearts and minds to be open the beautiful teaching of Jesus’ presence in the Eucharist, then invite the children to join in praying the Angel of God prayer.
Proclamation	Jesus longs to be with us – he is waiting for us at the parish, in the tabernacle, in the monstrance, wanting to spend time with us. Let us go and be with him and visit with him and worship him in Eucharistic Adoration.
Explanation	<ul style="list-style-type: none"> ○ We have talked a lot this year about how very much Jesus loves us and how much he wants to be with us. So much that he instituted the Eucharist, so that he could give himself to us as heavenly bread, in the bread and the wine. ○ Last time we talked about the gift of Holy Communion, when we have the opportunity to actually receive Jesus in our very own bodies, and all the fruits that can come from receiving him, and all the ways that we can prepare to receive him. ○ Have you ever wondered what happens after mass to the bread that is not eaten? Is Jesus still present in that bread? <ul style="list-style-type: none"> ○ That is a very good question, and the answer is YES! Absolutely! Jesus would never leave us. ○ From the very beginning of the Church, the disciples realized that once the bread and wine became the body and blood of Jesus, that it remained that way until it was eaten. <ul style="list-style-type: none"> ○ Remember our disciples on the Road to Emmaus? They didn’t even recognize Jesus, until he had blessed and broken the bread. And then his body disappeared, but he was still present in the Eucharistic bread.

	<ul style="list-style-type: none"> ○ Other early disciples would save any remaining Eucharistic bread to bring to those who were too sick to come to Church, so that they could receive Jesus as well. ○ As long as you can see the Eucharistic bread, Jesus is still present. ○ So if Jesus is still present in the Eucharistic bread, where should we keep it? Some place very very special. <ul style="list-style-type: none"> ○ Remember that manna in the desert that God gave the Hebrew for 40 years? That was also very special bread, even though Jesus wasn't present in it. ○ God gave Moses and the Hebrews instructions to build a very special box to carry the manna and the 10 Commandments in. This box was called the Ark of the Covenant. ○ The Ark of the Covenant was covered in gold and had statues of two angels on top of it, also covered in gold, as if they are guarding this special treasure. ○ After the Hebrews left the desert, they eventually built a huge Temple, like a large Church or Cathedral, and in that Temple, was a special room in which they kept the Ark of the Covenant. It was called the Holy of Holies, because it was the most special place in all the world to them. ○ The disciples from the early Church would have known all about this Ark of the Covenant and decided to keep the remaining Eucharistic bread in a similar container, equally special. <ul style="list-style-type: none"> ○ Someplace so special that would declare to all the world that this is where we keep the most special treasure that we have, the body and blood of our Lord Jesus Christ. A Tabernacle. ○ Like the disciples of the early Church, every Catholic Church in the whole world has a Tabernacle to keep the Eucharist safe. And in every single one of those Tabernacles, in every single Catholic Church, Jesus is present, body and blood, in the Eucharistic bread, in the same way that he is during the mass. <ul style="list-style-type: none"> ○ Jesus loves us so much that he waits in the Tabernacle, so that anytime we want to spend time with him, in his presence, we can stop by the Church and visit him. ○ Do you remember when we talked about prayer, and we talked about the time when Jesus was in the Garden of Gethsemane? <ul style="list-style-type: none"> ○ Does anyone remember what he asked Peter, James and John to do? To wait there and pray with him. Were they able to pray with him? No. What happened? They fell asleep. ○ Whenever we go by the Church, we have the opportunity to go to the tabernacle and pray with Jesus, in the way that Peter, James and John were unable to. ○ If you were to go one day to a different church, do you know how you would find the tabernacle in that church? <ul style="list-style-type: none"> ○ Every Catholic Church marks their tabernacle with a red candle, called a Sanctuary Lamp. If you are ever wondering where Jesus is, where the tabernacle is, just look for the red lamp. ○ When you see the red Sanctuary Lamp, and find the tabernacle, what should we do when we get to the tabernacle? We genuflect, go down on our right knee and make the sign of the cross.
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- Why do you think we genuflect? Let's listen to what St. Paul says in the bible.

(Light candle & remind them, if necessary, of why we light a candle when reading scripture)

Romans 14:11 (also Is 45:23d if desired)

- Do you remember when we talked about getting ready for receiving Holy Communion by thinking about how very little we are and how very great God is?
 - When we genuflect, we are saying with our bodies, what our hearts and minds already know.
 - We are saying with our bodies, how very much we love and adore Jesus with our hearts.
 - So, every time we pass in front of the Tabernacle, we genuflect.
- Sometimes we want to be even closer to Jesus than visiting him in the Tabernacle. Many people in the Church wanted to pray to Jesus, and actually see him in the Eucharistic bread.
 - Just like we enjoy visiting with our friends face to face, visiting with Jesus, when we can actually see him, can be a very good way to pray.
 - But if we were going to take him out of the Tabernacle to pray to him, we would want to create something very beautiful to hold him.
- So someone created a beautiful cross, made out of gold, just like the Tabernacle, with a glass window, just the right size to hold the Eucharist, so that we could gaze upon our Lord Jesus while we are praying.
 - That special cross is called a Monstrance.
- When we pray to Jesus, present in the Monstrance, we call that Adoration. Adoration is a special word for showing our love for someone. When we pray to Jesus in the Monstrance, we are showing our love for him.
 - Another word for this time of prayer is Eucharistic Exposition. Exposition is a word meaning showing.
 - The Church is showing us Jesus, in Eucharistic Exposition, and we are showing our love for Jesus in our prayer that we call Adoration.
- Sometimes we want so much to show our love for Jesus in the Eucharist, that we take him out into the world. To show him to our community and to bless the community with his presence in the Eucharist. When we take Jesus out into the world like this it is called a Eucharistic Procession.
 - A Eucharistic Procession is almost like a parade. A priest or deacon will carry Jesus in the Monstrance, with a beautiful canopy or cover protecting them.
 - All the people follow, praying to Jesus and singing hymns.
- There are many ways that we can pray to Jesus. The mass is always the best prayer to offer to him. But when we can't be in mass, visiting Jesus in the tabernacle is one of the ways we can be closest to him.

Application	<ul style="list-style-type: none"> • Take the children for a visit to the tabernacle. If the tabernacle is unavailable (i.e., the adult class is meeting in the main church), then take pictures of the tabernacle in the Church, both open and closed prior to the class so that you can show the children the tabernacle. <p>Other Possible Activities: Decoupage a smaller version of today’s art on a small piece of wood. Over the course of the year, they could develop a set of pictures from all the lessons. Create a skit, re-enacting the bible scene Copy the picture on the top half of a sheet, and have the older children write a summary of the story under the picture. Have the children draw a picture of the story.</p> <ul style="list-style-type: none"> • Journal about their prayer experiences. This can be done either written or through pictures. Some children will prefer to capture their experience in pictures, even older ones. Writing or drawing in a journal will lay the foundation for journaling in the future.
Celebration	<ul style="list-style-type: none"> • Prepare the children to spend some time with Jesus at the end of the lesson, most likely with the large group. Remind them that just like mass, they want to talk to Jesus, using their imagination, not with their voices. This is a very quiet time, when everyone is talking to Jesus in their minds, so we want to honor and respect all the people talking to Jesus. • (Light candle) Pray a closing prayer (you might use the Anima Christi prayer on the handout), then have the rest of the community join you in the chapel for a testimony and closing prayer. If possible, have some social time after the closing prayer.
Vocabulary	Tabernacle Ark of the Covenant Temple Holy of Holies Sanctuary Lamp Adoration Eucharistic Exposition Monstrance Humeral Veil
Resources	Resources Romans 14:11, Is 45:23d Tabernacle, pictures of tabernacle or model of the tabernacle Pictures or model of the Ark of the Covenant Resources from the Emmaus (Lesson #1) Picture of Jesus in the Garden of Gethsemane A Monstrance, or pictures of Monstrances Picture of Eucharistic Procession Art: Christ the Savior with the Eucharist , Juan de Juanes, Musee del Prado
Meal or snacks	Will there be a meal or snacks as part of this event, beginning or end of event, how long, what prep is needed: to be determined by the Parish.
Testimony	Will there be a testimony as part of this event, who will give it, how long: to be determined by the Parish.
Supplies needed	<ul style="list-style-type: none"> • Bible, candle, match, snuffer • Anima Christi Prayer Card

	<ul style="list-style-type: none"> • Full size Pictures Christ the Savior with the Eucharist, on letter or ledger size paper. Can be laminated or decoupage, and kept throughout the year. • Other Pictures, reference in Resources. Samples are available in the Materials section. <p>Depending on Activity:</p> <p>For Decoupage Activity:</p> <ul style="list-style-type: none"> • Small piece of wood or canvas for each child. Wood can be pre-stained or natural <ul style="list-style-type: none"> ○ SL crafts Mini Stretched Canvas 3.5"X2.75" (1 Pack of 12 Mini Canvases) <ul style="list-style-type: none"> ▪ Amazon, \$9.95, other sizes available ○ Artlicious Canvas Panels 24 Pack - 5"X7" Super Value Pack- Artist Canvas Boards <ul style="list-style-type: none"> ▪ Amazon, \$14.99, other sizes available • Copy of art, cut to size for canvass or wood for each child • Paint brushes (about 1/2" wide works well) Bristle or foam. • Mod Podge Matte Sealer or other decoupageing medium <ul style="list-style-type: none"> ○ Mod Podge CS11303 Waterbase Sealer, Glue and Finish, Matte,32 Ounce <ul style="list-style-type: none"> ▪ Amazon, \$11.61, other sizes available • Cups for water • Newspaper or other protection for table <p>Apply Mod Podge to canvas or wood. While wet, smoot copy of art onto the canvas or wood. Gently work out the bubbles, but most of them will shrink when dry. Apply a second coat of Mod Podge to the top to act as a sealer. Additional coats maybe applied when dry for protection.</p> <p>For Story Summary:</p> <ul style="list-style-type: none"> • Art Journal Page, Lesson #6 <p>For Prayer Journaling:</p> <ul style="list-style-type: none"> • New Journals for each child, composition notebooks work well for this and are usually very inexpensive at the beginning of the school year. They can be kept in the classroom for the year, or sent home with the children.
Handouts needed	Anima Christi Prayer Card Art Journal Page, Lesson #10, if desired
Volunteers needed	to be determined by the Parish. Teacher, people to prepare and serve meal or snacks, etc.
Advance preparation	Training in advance, setup, music needed, etc.: to be determined by the Parish. Adult Lesson: Speaker/teachers have outline/handouts/materials, photocopies ready, setup for meal and classroom space, chapel ready for gathering, mics if needed, etc.

The Year of the Eucharist

Catechesis #11: Annunciation: Mary, Mother of the Eucharist

K-5 LESSON

Event	Catechesis: Mary, Mother of the Eucharist
Event Category	Catechesis
Brief Description of Event	This supplemental lesson will present information regarding Our Blessed Mother's relationship with Jesus in the Eucharist.
Length of Time Needed	1 hour, or, if a meal or snacks are included: 1.5-1.75 hours
Schedule of the Event	<ul style="list-style-type: none"> • Meal, with the whole community (optional, 30-45 minutes) • Break into age levels (PS-2; 3-5, MS, HS, adults) • Lesson, with activities or discussion (45 minutes) • Gather the whole community in the chapel for a testimony (5-7 minutes) • Closing prayer and blessing in the chapel (5 minutes) • Snacks and fellowship (optional, and possible alternative to a meal, 15-30 minutes)
Goal	To increase our understanding of and reverence for Our Blessed Mother's relationship with her son Jesus, in the Eucharist.
Age level(s)	K-5
Review	Included in the Explanation
Preparation	Gather the children and settle. Open with a prayer, asking the children's guardian angels to help their hearts and minds to be open to the beautiful teaching of Jesus' presence in the Eucharist, then invite the children to join in praying the Angel of God prayer.
Proclamation	The Jesus who is truly present in the Eucharist is the same Jesus who lived in the womb of Our Blessed Mother. Just as he deigned to come to us as an infant through her, he continues to allow her to bring us to him even today.
Explanation	<p>When God the Father planned to send Jesus, to become like one of us, to become human, he decided to use one special person, to help accomplish that. Do you remember who that one special person is? Mary! Of all the people in every land, and in every time God chose Mary to be the mother of his son. God knew that she would be just the right person to become Jesus' mother. God always knew that he would choose Mary, but Mary did not always know that this was the plan, until she received a special visitor.</p> <p>(Light candle & remind them, if necessary, of why we light a candle when reading scripture) We have a picture to look at that will help us to use our imagination as we listen to this story.</p> <p>Luke 1:26-38</p> <p>How many of you have heard this story before? It is a great story. The moment that Jesus took on humanity and became a baby in his mother's womb.</p>

Who came to Mary to deliver this great message? The angel Gabriel. In fact, the word “angel” actually means messenger. God had something pretty important to tell Mary.

It describes Mary as a virgin who was betrothed to a man named Joseph. A virgin is a young girl who is not yet married or had a baby. Betrothed means engaged. Mary and Joseph were planning on getting married, but they weren't yet.

And he came to her and said “Hail favored one” or in some translations they Hail, highly favored one” or use the words “Hail, Mary, Full of grace.” We've heard those words before, haven't we?

What is the angel saying here? He is telling Mary that she is full of grace, full of that life of God, that friendship with God, that we all want. He is saying that Mary **already has** that grace, that friendship. She has already been living her whole life being “plugged in” to God, connected to him. Always thinking of him, and never letting anything else be more important to God.

That means she also would have wanted to treat the people around her in the same way that God would treat them. She would have loved her friends so well! She would never have been mean or rude or hurt people's feelings. She was truly full of grace, highly favored. The perfect mother for the baby Jesus.

Remember we talked about the Ark of the Covenant that carried the manna from heaven? It was a beautiful box, covered in gold, to carry around that most precious bread, and the 10 Commandments. And in our churches now, the most beautiful thing in the church is the gold tabernacle which holds the Eucharist. Doesn't it make sense that God would create the most beautiful perfect woman for his son to be carried in? She's like a new Ark of the Covenant, to carry around Jesus who is the true bread from heaven!

What does Mary have on her lap here? A book, like a bible or a book of prayers. The artist is picturing Mary as praying, even before the angel arrived. She is always thinking of God.

We can also look at what Mary is wearing, a blue robe over a red dress. In art, very often colors are used to convey something special. Blue very often represents heaven, and red often represents humanity, or motherhood. The blue of her outer robe shows us that Mary is very close to heaven, very close to God. We very often see Mary portrayed as wearing blue, because she is full of grace.

The bible tells us that Mary was greatly troubled. How would you react if an angel came to you? Shocked or surprised? Maybe scared? But the angel reassures her, telling that she has found favor with God.

Then what does he tell her? That she will have a baby, named Jesus, and he will be great, and God will give him a throne forever, and that there would be no end to his kingdom.

This is incredible news! But wait, remember we learned that Mary was a virgin and not yet married? Mary wonders how could she have a child yet? But the angel tells her that Joseph won't be the father, that God would be the baby's father. The Holy Spirit would make this possible.

And to show how powerful God is, the angel tells her that her much older cousin, Elizabeth, is also pregnant! Elizabeth had always wanted a child,

and could never have one. Everyone thought she never would have a child, that is why they said she was barren. Barren is something that does not have life in it. For Elizabeth to be pregnant was a true miracle!

What does Mary say? She says YES! Mary says she will do what ever God desires. She says "Behold I am the handmaid of the Lord." A handmaid is like a servant. Someone who does what ever her master tells her to. Mary is saying that she is God's servant. We call this her Fiat, her yes. Mary is saying yes to God, just like we pray to be able to do in the Our Father . . . Thy Kingdom come, thy will be done, on earth like it is in heaven. When we pray thy will be done, we are praying that we will know what God wants, and be able to do whatever God wants. Mary is showing us the way to heaven, with her YES.

Do you think God could have sent Jesus to us without asking for Mary's help? Sure he could have, he's God! But God always wants us to cooperate with him, to help him with his plans. He knows that we will be happiest when we are helping him to bring our world closer to our heavenly destiny. God chose Mary to help him to show us how important it is for us to say YES to God as well.

(for the older children) Do you see those two people up in the corner? Do you have any idea what is happening there? Who those people might be? What can you tell about them? It looks like a man and a woman, huh? Do they look happy or sad? Not very happy. Who is behind them? Another angel, but this one doesn't look happy. In fact, if we could see closer, it looks like he is pointing. What could he be saying? Go away? When would an angel have sent a man and a woman away from something? Adam and Eve being expelled from the Garden of Eden? Why do you think the artist would have put this little scene in this painting? Do you remember how Adam and Eve sinned against God, breaking his rules, and so they were no longer able to stay in the Garden? When God was cursing the snake he said something curious. Let's listen:

Gen 3:15

He said he would **put enmity between you and the woman, between your offspring and hers.** So this snake, this serpent, would have two new enemies, a woman and her child. They seem to be a team, huh? Who do you think that mother and child are? Jesus and Mary!

Together they will strike at the serpent's head, while the serpent would be striking at their heels. If you want to win a fight or a battle, do you think you would more likely win if you were hitting the enemies head or feet? Their head. When God says that the Mother and Child will be striking the serpent's head, while the serpent can only strike at their heels, who do you think God is telling us will win that battle? Mary and Jesus!

From the very first moment when Adam and Eve had to leave the Garden, God was promising that one day they would be back. And the team that would bring them back was our Lord Jesus Christ, and his Blessed Mother Mary.

(All Children)

One of the last things Jesus did on the cross was to tell us how important that our relationship to his mother, Mary would be.

	<p>John 19:25-27</p> <p>Was John really Mary's son? No. Jesus had no brothers and sisters, and we hear elsewhere in the bible that his mother was Mary Salome. Why would Jesus have said that? We see that John took her into his home and treated her as his own mother. Jesus was asking us to do the same thing. We can look to Mary for her love and guidance, just like we do our own moms.</p> <p>God trusted Mary to bring Jesus to the world. We can trust Mary, our Blessed Mother, to bring us to Jesus.</p>
Application	<p>Possible Activities:</p> <p>Decoupage a smaller version of today's art on a small piece of wood. Over the course of the year, they could develop a set of pictures from all the lessons.</p> <p>Copy the picture on the top half of a sheet, and have the older children write a summary of the story under the picture.</p> <p>Have the children draw a picture of the story.</p>
Celebration	<p>(Light Candle) Pray the Hail Holy Queen, or sing the Salve Regina</p> <p>Hail Holy Queen, Mother of Mercy, our life our sweetness and our hope. To thee do we cry, poor banished children of Eve; To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us and after this our exile show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!</p> <p>Then join the rest of the community in the chapel for a testimony and closing prayer. If possible, have some social time after the closing prayer.</p>
Vocabulary	<p>Angel Virgin Betrothed Fiat</p>
Resources	<p>Luke 1:26-38 Gen 3:15 for older children John 19:25-27</p> <p>Art: Annunciation, Fra Angelico, Web Gallery of Art</p>
Meal or snacks	<p>Will there be a meal or snacks as part of this event, beginning or end of event, how long, what prep is needed to be determined by the Parish.</p>
Testimony	<p>Will there be a testimony as part of this event, who will give it, how long to be determined by the Parish.</p>
Supplies needed	<ul style="list-style-type: none"> • Bible, candle, match, snuffer • Anima Christi Prayer Card • Full size Picture Annunciation, on letter or ledger size paper. Can be laminated or decoupage and kept throughout the year.

	<p><u>Depending on Activity:</u></p> <p>For Decoupage Activity:</p> <ul style="list-style-type: none"> • Small piece of wood or canvas for each child. Wood can be pre-stained or natural <ul style="list-style-type: none"> ○ SL crafts Mini Stretched Canvas 3.5"X2.75" (1 Pack of 12 Mini Canvases) <ul style="list-style-type: none"> ▪ Amazon, \$9.95, other sizes available ○ Artlicious Canvas Panels 24 Pack - 5"X7" Super Value Pack- Artist Canvas Boards <ul style="list-style-type: none"> ▪ Amazon, \$14.99, other sizes available • Copy of art, cut to size for canvass or wood for each child • Paint brushes (about 1/2" wide works well) Bristle or foam. • Mod Podge Matte Sealer or other decoupageing medium <ul style="list-style-type: none"> ○ Mod Podge CS11303 Waterbase Sealer, Glue and Finish, Matte,32 Ounce <ul style="list-style-type: none"> ▪ Amazon, \$11.61, other sizes available • Cups for water • Newspaper or other protection for table <p>Apply Mod Podge to canvas or wood. While wet, smoot copy of art onto the canvas or wood. Gently work out the bubbles, but most of them will shrink when dry. Apply a second coat of Mod Podge to the top to act as a sealer. Additional coats maybe applied when dry for protection.</p> <p>For Story Summary:</p> <ul style="list-style-type: none"> • Art Journal Page, Lesson #11
Handouts needed	Anima Christi Prayer Card Art Journal Page, Lesson #11 if desired
Volunteers needed	to be determined by the Parish. Teacher, people to help with activity, people to prepare and serve meal or snacks, etc.
Advance preparation	Training in advance, setup, music needed, etc.: to be determined by the Parish. Speaker/teachers have outline/handouts/materials, photocopies ready, setup for meal and classroom space, chapel ready for gathering, mics if needed, etc. Activity ready.

The Year of the Eucharist

Catechesis #12: The Pledge of Glory to Come

K-5 LESSON

Event	Catechesis: The Pledge of Glory to Come
Event Category	Catechesis
Brief Description of Event	This lesson will highlight Christ's promise of sharing in his glory, and the way in which the Eucharist nurtures us for that eternal destiny, and even allows us to anticipate the sharing of that glory now.
Length of Time Needed	1 hour, or, if a meal or snacks are included: 1.5-1.75 hours
Schedule of the Event	<ul style="list-style-type: none"> • Meal, with the whole community (optional, 30-45 minutes) • Break into age levels (PS-2; 3-5, MS, HS, adults) • Lesson, with activities or discussion (45 minutes) • Gather the whole community in the chapel for a testimony (5-7 minutes) • Closing prayer and blessing in the chapel (5 minutes) • Snacks and fellowship (optional, and possible alternative to a meal, 15-30 minutes)
Goal	Deeper understanding of the temporal and eternal fruits of the Eucharist, and deeper desire to receive Him now in anticipation of that heavenly glory.
Age level(s)	K-5
Review	Included in the Explanation
Preparation	Gather the children and settle. Open with a prayer, asking the children's guardian angels to help their hearts and minds to be open the beautiful teaching of Jesus' presence in the Eucharist, then invite the children to join in praying the Angel of God prayer.
Proclamation	Jesus calls us to share forever in the Divine Life and Love of the Trinity and has given us his very own body, blood, soul and divinity in the Eucharist to be our sure and certain source of grace to be able enter into that promised glory.
Explanation	<p>(Note, for the youngest children, much of this information is also reflected in the book Travel Guide to Heaven by Anthony Destafano. One option would be to read that book to the children, supplementing with the material below)</p> <p>Where did you come from, who are your parents? . . . Your mom and dad. Right? Do you know why they had you? Because they loved each other so much, and they wanted to share that love, so they had you, and maybe some brothers and sisters. . . So much love to share, it takes a whole family to share!</p> <p>But who created our parents' parents and our parents' parents' parents? Who created the whole world and everything in it? . . . God. Why do you think he created us? . . . Same as your parents! Because God the Father, and God the Son and God the Holy Spirit loved each other so much, and they wanted to share their love so they created the whole universe and everything in it, so that we could share in that love and in their divine life.</p>

Do you think that after all that . . . after he loved us into creation . . . that God would only want to love us while we are living on this earth? . . . Where do you think God wants us to be when our time on earth is over? . . . In heaven, with him!!! God wants us to be perfectly happy, and when we are in heaven with him and all our family and friends, we will be perfectly happy forever!

Can you imagine what heaven will be like? . . . Who do you think you'll see? . . . grandparents, pets. God wants every one we've ever loved in heaven with us!

What do you think you'll see? Every animal on earth . . . Every animal that ever lived on earth, dinosaurs, mammoths, . . . (let them add more animals) all playing together, never fighting.

Every star and planet in the sky . . . beautiful cities . . . anything you would ever want to see, you could just wish it and you could be there to see it.

And the most beautiful sight we will be able to see is to see God, face to face. The God who created all of this, the God who gave us everything we need to be happy, and the God who forgives us when we forget to love him.

(Light candle & remind them, if necessary, of why we light a candle when reading scripture) We have a picture to look at that will help us to see this glory.

John 6:35, 40, 51, 54

Does anyone know what this "Last Day" is? It is a promise that one day, Jesus will come again, in all his glory. Heaven and earth will be united as one, and we will all be raised, just like Jesus, with glorified bodies. We call that day when Heaven and earth will be united as one, and God will be all in all . . . Parousia. That is a funny word, huh? Parousia. It means the arrival of the king, and when we use that word in Church it means when Jesus, the King of Kings, arrives back on earth in his glory.

So, how is God preparing us for that eternal happiness, for that Parousia? What did he say we need to do to inherit eternal life? Eat this bread, his body and blood! How is he giving us the strength to face the journey of this life on earth, and to prepare us for the rest of our life in Heaven? With the Eucharist! In the same way that your food, your fruits and veggies and milk and bread, gives us physical strength for this life, the Eucharist gives us spiritual strength.

(For older children) Of all the times that we receive the Eucharist, there is one particular time, when it really serves as spiritual food which prepares us for the journey to heaven, and that is when we are nearing the end of our time on earth. Do you remember the Sacrament of the Anointing of the Sick? It is a **healing** sacrament, just like the Sacrament of Reconciliation. **Sometimes** God heals our bodies, but **always** our spirit is healed, because our sins are forgiven, just like Reconciliation. And when the Sacrament of Anointing of the Sick is received at the end of our lives, the priest will give us Holy Communion. He will bring Jesus in the

Eucharist to us and we can receive him as special food for our journey to heaven. In fact, the word for Eucharist received at the end of our life is **viaticum**. It means food for the journey.

Receiving Jesus in the Eucharist, **that** will give us the spiritual strength to be able to get to heaven.

Do you remember when we talked about the fact that not only is Jesus present in the Eucharist, body and blood, soul and divinity, his whole person. . . but that the time of his passion, his suffering and death, was also made present to us. That we could be with him and comfort him in his suffering.

We also talked about how if that happens at every single mass, then when we are with Jesus in the mass, we are with **every single person who ever** went to a mass, as if we are one whole Mystical Body.

Do you realize that includes all our loved ones in heaven?!? When we are at mass, we are closer to them than we will ever be until we get to heaven one day! In fact, we are with all the saints and angels at every single mass. Jesus wants us to be in heaven so much, that every single mass he gives us a taste of heaven.

There is a very particular time when we can be reminded of that at mass. In the mass, at the beginning of the Eucharist is a prayer called the "Preface". Preface means "to come before." The Preface prayer can change, depending on the season and the special celebrations that we have in the Church, sometimes these are called Holy Days. In fact, the word "holidays" comes from the Catholic Holy Days!

One of our very special Holy Days remembers all the saints in heaven. The saints that we will join one day! It is called All Saints Day. In England, one of the words for Holy is "Hallowed" like we pray in the Our Father prayer.

Our Father, who art in heaven, hallowed be thy name.

That means we are calling God's name "holy" or "hallowed"

One of our most fun holidays comes on the night before All Saints Day, or the "eve" of All Saints Day, or All Hallows Day. "Eve" is the word we use for the night before, like Christmas Eve. We call that night before All Hallows Day "Halloween." Did you know that Halloween is actually celebrating the saints in heaven?

So, on All Saints Day, we are celebrating those saints that we hope to join. Those saints are already sharing in God's glory, the glory of all of his creation and the glory of just being in his presence. And at this mass we remember that Jesus made it possible for us to share in God's glory with his suffering, death and resurrection. And we remember that his gift of the Eucharist is what gives us the grace to be able to join those saints in heaven!

Let's listen to the Preface prayer for All Saints Day:

It is truly right and just

	<p>Our duty and our salvation, Always and everywhere to give you thanks, Lord holy Father, Almighty and eternal God, Through Christ our Lord.</p> <p>That might sound familiar because we say words like this part in almost every preface. This reminds us that it is only fair for us to give God the Father thanks, always and everywhere for the beautiful gift of his friendship with us. And that we can only do that because of Jesus Christ.</p> <p>For he assumed at his first coming, the lowliness of human flesh,</p> <p>This means that when Jesus was born, he was God. Then he became also man by being born as a baby. This can remind us of how great a gift that was. It is more incredible than us wanting to become a mosquito or an ant.</p> <p>And so fulfilled the design you formed long ago,</p> <p>This reminds us that God has always had a plan from the dawn of creation to bring us back home to him.</p> <p>An opened for us the way to eternal salvation,</p> <p>This reminds us that Jesus was the one who makes it possible for us to <i>share in God's glory forever in heaven.</i></p> <p>That, when he comes again in glory and majesty And all is at last made manifest</p> <p>This is an exciting part of this prayer, because it is reminding us that one day, at the Parousia, Jesus will return to earth, and this time his Glory will be so incredible that everyone will realize that his is God.</p> <p>We who watch for that day may inherit the great promise In which we now dare to hope.</p> <p>Here we are praying that we will be able to inherit this incredible promise of eternal life with Jesus in heaven.</p> <p>And so with all the Angels and Archangels, With Thrones and Dominions, And with all the hosts and Powers of Heaven,</p> <p>These are all names of types of angels,. . . archangels, thrones, dominions, powers . . . are all different types of angels. Hosts is the word for all of those angels together in one big army! An army of angels, fighting for us!</p> <p>We sing the hymn of your glory As without end we acclaim</p> <p>This is an invitation for us to join into the song which is always being sung in heaven!</p> <p>Holy Holy Holy (Sing or recite the Holy Holy Holy) Every time we sing the Holy Holy Holy, it can remind us that this is the part of the mass, where we join in with all the saints and angels, and God is giving us that little taste of heaven. And for this we are truly grateful.</p>
Application	<p>Possible Activities: Decoupage a smaller version of today's art on a small piece of wood. Over the course of the year, they could develop a set of pictures from all the lessons.</p>

	<p>Copy the picture on the top half of a sheet, and have the older children write a summary of the story under the picture. Have the children draw a picture of the story. Work with the Nine Choirs of Angels worksheet, encourage them to draw a picture of one of the angels in one of the choirs. .</p>
Celebration	<p>(Light Candle) Pray a closing prayer (you might use the Anima Christi prayer on the handout or the Holy Holy Holy or the Preface covered earlier), then join the rest of the community in the chapel for a testimony and closing prayer. If possible, have some social time after the closing prayer.</p>
Vocabulary	<p>Parousia Viaticum Preface Hallowed Eve (as in the night before) Seraphim, Cherubim, Thrones, Dominions, Virtues, Powers, Archangels, Angels Hosts (as in angels)</p>
Resources	<p>John 6:35, 40, 51, 54</p> <p>Travel Guide to Heaven for Kids, Anthony Destefano Roman Missal, Preface for All Saints Day Nine Choirs of Angels Worksheet http://soulpainter.com/2015/09/explanation-and-hierarchy-of-the-9-choirs-of-angels-infographic/#.XN2BFhZMGec</p> <p>Art: Disputation of the Holy Sacrament, Raffaello Sanzio, Wikimedia Commons</p>
Meal or snacks	<p>Will there be a meal or snacks as part of this event, beginning or end of event, how long, what prep is needed to be determined by the Parish.</p>
Testimony	<p>Will there be a testimony as part of this event, who will give it, how long to be determined by the Parish.</p>
Supplies needed	<ul style="list-style-type: none"> • Bible, candle, match, snuffer • Anima Christi Prayer Card • Full size Picture Disputation of the Holy Sacrament, on letter or ledger size paper. Can be laminated or decoupage and kept throughout the year. <p><u>Depending on Activity:</u> For Decoupage Activity:</p> <ul style="list-style-type: none"> • Small piece of wood or canvas for each child. Wood can be prestained or natural <ul style="list-style-type: none"> ○ SL crafts Mini Stretched Canvas 3.5"X2.75" (1 Pack of 12 Mini Canvases) <ul style="list-style-type: none"> ▪ Amazon, \$9.95, other sizes available ○ Artlicious Canvas Panels 24 Pack - 5"X7" Super Value Pack- Artist Canvas Boards <ul style="list-style-type: none"> ▪ Amazon, \$14.99, other sizes available

	<ul style="list-style-type: none"> • Copy of art, cut to size for canvass or wood for each child • Paint brushes (about 1/2" wide works well) Bristle or foam. • Mod Podge Matte Sealer or other decoupageing medium <ul style="list-style-type: none"> ○ Mod Podge CS11303 Waterbase Sealer, Glue and Finish, Matte,32 Ounce <ul style="list-style-type: none"> ▪ Amazon, \$11.61, other sizes available • Cups for water • Newspaper or other protection for table <p>Apply Mod Podge to canvas or wood. While wet, smoot copy of art onto the canvas or wood. Gently work out the bubbles, but most of them will shrink when dry. Apply a second coat of Mod Podge to the top to act as a sealer. Additional coats maybe applied when dry for protection.</p> <p>For Story Summary:</p> <ul style="list-style-type: none"> • Art Journal Page, Lesson #12 <p>For the Choirs of Angels Work</p> <ul style="list-style-type: none"> • Copies of worksheet for each child
Handouts needed	Anima Christi Prayer Card Art Journal Page, Lesson #12 if desired
Volunteers needed	<p>to be determined by the Parish.</p> Teacher, people to help with activity, people to prepare and serve meal or snacks, etc.
Advance preparation	Training in advance, setup, music needed, etc.: to be determined by the Parish. Speaker/teachers have outline/handouts/materials, photocopies ready, setup for meal and classroom space, chapel ready for gathering, mics if needed, etc. Activity ready.