

When to Say

No

to an Adult

HURT

IF YOU ARE BEING

if they make **threats** to

-hurt you -embarrass you -abandon you

If you are forced to keep **Secrets**

IF **BOUNDARIES** AREN'T RESPECTED

If they use **Put Downs** to make You feel bad.

IF YOU ARE FEELING **UNSAFE**

IF THEY **SINGLE YOU OUT** WITH

-GIFTS -SPECIAL PRIVILEGES -ATTENTION

if they insist
on being

alone

with
you

If they want to see or **Touch** private parts
of your body or ask you to touch or look at them.

IF SOMEONE
ASKS YOU TO

BREAK THE RULES



**Diocese of Rapid City
Safe Environment Office**

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